

GASTRONOMIC ROUTES TOCANTINS



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"The Gastronomic Routes carried out by Sebrae are a unique opportunity to strengthen and promote Tocantins' typical cuisine. The Director also mentions that these initiatives, in addition to awakening sensations that whet the appetite and satisfy hunger, it is also a way for people to experience the history and beauty of Tocantins. "Food is a field where we access memories and affections of moments that made us happy in the past. It is with this perspective that Sebrae Tocantins wishes to bring the best of Tocantins cuisine through Gastronomic Routes. These actions also generate a tourists flow, jobs and income, in addition to boosting local economic development, with an emphasis on small businesses."

Rerison Antônio Castro

Sebrae/TO Superintendent Director



"The Tocantins Gastronomic Route is the consolidation of a series of actions that Sebrae carried out occasionally in several municipalities to, in fact, publicize the entire economic, cultural, historical, touristic and, consequently, gastronomic potential of the State. "So we presented in the different regions of Tocantins the work that was carried out by Sebrae and the different delicacies that these places can offer to visitors as part of the tourist itinerary, that is, in all regions of the State there is a route prepared for tourists. We trained entrepreneurs in these cities so that they are qualified to serve this public that visits Tocantins"

Vogerio Vamos

Sebrae/TO Technical Director



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Support Service Agency for Micro and Small Businesses in Tocantins (Sebrae/ TO), through the Tourist Route Agents project, is pleased to present Tocantins's Gastronomic Routes. In this catalogue, you will find a wide variety of products and gastronomic experiences in the main municipalities of our state. Our objective is to boost local economic development, generate jobs, income and attract tourists to enjoy the delights of our cuisine, with a special focus on small business owners.

The Tocantins's Gastronomic Routes creates a synergy between establishments, the local community, , tourists and regional producers, generating a positive impact on the town's economy. In addition to promoting the appreciation of local culture, they encourage entrepreneurship, generate jobs and income, and contribute to the sustainable development of tourism and gastronomy in the region.

We hope you enjoy this unique gastronomic journey through the authentic flavors of Tocantins. Join us on this incredible experience of discovery, where tradition, flavor and hospitality meet.



GASTRONOMIC ROUTES TOCANTINS

FLAVORS OF HILLS AND LAKE













"Gastronomy is the gift that transforms food into art and dishes into incredible works."

Ana Paula - Tapiocaria da Paula

"Jastronomy inspires and transforms dishes in love, affection and story."

Flavia Lucena - Praia do Funilim

"Gastronomy is the art that feeds life!"

Lu Cakes Confeitaria

"Practice and knowledge related to the cuisine art, where the relationships between food, culture and society comes together.

Chef Marilon - Espaço Papiro

"Homemade beer cannot be considered just a beverage, but a food essential. Which complements meals. "

Gustavo - Curiango Brew

"Cooking is a way of loving"

Flavia Lucena - Praia do Funilim

"Gastronomy is revisiting memories and affections, feeding the soul"

Renata Acacio

"In gastronomy, smoking is the art of fire and smoke transformed into flavor."

Chef Marilon - Espaço Papiro



Summary

City of Palmas Town of Miracema do Tocantins	11 35

iy of Dalmas

The capital of our Tocantins is a true treasure of flavors, a vast field of different culinary cultures. In this edition, you will have the opportunity to discover the flavors of a young cuisine, but full of history and authenticity. From the sunset on Graciosa Beach to the delights and charms the picturesque district of Taquaruçu; this is a journey of flavors and colors for you to enjoy.

RESTAURANT WITH EXPERIENCE IN ARTISANAL COCONUT PRODUCTION

SABOR DA SERRA

Address: TO-30, District of Taquaruçu, City of Palmas - State of Tocantins - Brazil

Opening Day/Hours: Saturday - Sunday and Public Holidays 11am to 4pm

Specia

Cocada coco babaçu: typical coconut sweet with babassu coconut

+ 55 (63)99209-3113 🤘

@sabordaserrataquarucu 🖸



FLOATING STEAK HOUSE RENTAL FOR EVENTS

FLUTUANTE Du Chef

Address:

Praia da Graciosa, Pier flutuantes, City of Palmas - State of Tocantins - Brazil

Opening Day/Hours:

Advance booking

Specialty

Smoked rice broth: rice with smoked beef and pork, chili pepper, corn on the cob and Aji Amarillo pepper

🖑 + 55 (63)98403–7430

@flutuanteduchef





RESTAURANT WITH REGIONAL AND HOMEMADE CUISINE

VILA DOS Sabores

Address:

Rua São Sebastião Qd80 lt 4, District of Taquaruçu, City of Palmas - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Saturday 6pm to 11pm

pec

Mix of champion flavors: varied snacks with regional ingredients: request local menu

+ 55 (63)98476-3119 🤘

@viladossaborestaquarucu 🖸



RESTAURANT AND FOODBAR

TASTRO Gastrobar

Address:

Praia da Graciosa, City of Palmas -State of Tocantins - Brazil

Opening Day/Hours:

Tuesday-Sunday 5pm to midnight

Specialty

English-style pirarucu gourjon: cubes of fish breaded and fried in vegetable oil, accompanied by sauce

V + 55 (63)99911–3399

💿 @tastrogastrobar





INTIMATE GUESTHOUSE AND BISTRO

BISTRO E POUSADA Casa das flores

Address:

Rua 31 qd 85 lt 8 District of Taquaruçu, City of Palmas - State of Tocantins - Brazil

Opening Day/Hours:

Wednesday-Monday7pm to 10:30pm

Grilled tilapia with banana puree and chestnut farofa

+ 55 (63)98411-8008 🤘

@casadasfloresto O





RESTAURANT AND FOODBAR

ROSA MADALENA GASTROBAR

Address:

Praia da Graciosa, City of Palmas -State of Tocantins - Brazil

Opening Day/Hours:

Monday-Saturday 10:30 am to 12:00 am Sunday 10:30 am to 6:00 pm

Pink Shrimp Madalena prawns gratin with cream cheese served in coconut with cream cheese, mozzarella and coconut milk

@rosamadalenagastrobar





SMALL HOTEL AND RESTAURANT

ESPAÇO Papiro

Address:

Loteamento verde vida Chácara 28, District of Taquaruçu, City of Palmas - State of Tocantins - Brazil

Opening Day/Hours:

Wednesday-Sunday 10am to 6pm Different hours on weekends

Smoked Caranha: smoked fish in an homemade process

+ 55 (63)99255-2322 🧏

@espacopapiro_taquarucu 🖸



STEAK HOUSE

BRASA No chão

Address:

Orla 14 Praia da Graciosa, City of Palmas -State of Tocantins - Brazil

Opening Day/Hours:

Tuesday - Saturday 5pm-12am Sunday 11am -6pm

pecialt

Noble cuts: ancho cut with chimichurri sauce coalho, cheese and garlic bread: request local menu

🖑 +55 (63)99263-6484

💿 @brasanochao





FAMILY TOURISM ATTRACTION AND RESTAURANT

ESTÂNCIA Marina

Address:

TO 020km 23 - Distrito Taquaruçu grande, City of Palmas - State of Tocantins - Brazil

Opening Day/Hours:

Advance booking

Farm Style Café: diversity of regional flavors, request more information about the menu

+ 55 (63)99201-5757 🤘

@estanciamarinataquarucu 🖸





RESTAURANT AND FOODBAR

TUCUM Gastrobar

Address:

Praia da Graciosa, ,City of Palmas - State of Tocantins - Brazil

Opening Day/Hours:

Monday to Saturday 4pm to 12am Sunday 11am to 12am

pecialta

Local pirarucu with Banana gratin with cheese: pirarucu gratin with mozzarella cheese and sliced Banana

V + 55 (63)3225–7977

💿 @tucumgastrobar





PIZZA SHOP

PIZZARIA SABOR Da Massa

Address:

Av. das Nações qd 73 lt09 District of Taquaruçu, City of Palmas - State of Tocantins - Brazil

> **Opening Day/Hours:** Wednesday-Sunday 6pm to 10pm

Specia

Homemade pizza cooked and shredded sun-dried beef with bacon and mozzarella cheese

+ 55 (63)99270-2000 🤘

@sabordamassataquarucu 🖸





PAMONHA SHOP

PARAISO PAMONHARIA

Address:

Av. LO 05 306 sul It09, City of Palmas - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Saturday 3pm to 11pm

pecialty

Corned beef tamale with cheese: request local menu information





BUFFET REGIONAL CUISINE

MANDALA TEMPERO E AFETO

Address:

Praça Joaquim Maracaipe, s/n, City of Palmas – State of Tocantins – Brazil

Opening Day/Hours:

Tuesday-Sunday 11:30am to 2:30pm

Mandala Pudding: traditional pudding, request local menu

+ 55 (63)99249-9911 🤘

@mandalataquarucu 🖸



TAPIOCA AND HEALTHY SNACKS

TAPIOCAS Da Tia Dê

Address:

Av. JK lt 05 103 norte, City of Palmas - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Saturday 11am to 11pm Sunday 5pm to 11pm

Tapioca with regional ingredients: request local menu

🖑 + 55 (63)9240-0770

💿 @tapiocasdatiade





REGIONAL CUISINE RESTAURANT

CABANA DA SERRA

Address:

Rod.TO 30Km 17 descida da Rocandeira, District of Taquaruçu, City of Palmas - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Sunday 8am to 5:30pm

pec

Pork Bisteca in homemade beer flambé in Alambique brazilian cachaça with farofa, banana and cinnamon

+ 55 (63) 99112-3405 🤘

@cabanada_serra O



TOCANTINS CUISINE BUFFET

RESTAURANTE MARIA IZABEL

Address:

204 sul Al 10,01 Lt 09, City of Palmas - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 11am to 3pm

Specialty

Crispy pirarucu strips breaded and deepfried in vegetable oil with house sauce

<u>-1005 + 5</u>5 (63)98410 - 1005

Omariaizabelcozinhapalmas





REGIONAL CUISINE RESTAURANT

CELIA'S Restaurante

Address:

Rod.TO20 km 11, City of Palmas – State of Tocantins – Brazil

Opening Day/Hours:

Tuesday to Friday 11am to 2pm Different hours on weekends

Free-range chicken: chicken in sauce with pepper, served with rice, cassava flour and salad

> + 55 (63)99223-6044 & @celiasrestaurante



TYPICAL NORTHEASTERN CUISINE

CABANA Do Lago

Address:

Rua SO 09,103 sul,lt05, City of Palmas - State of Tocantins - Brazil

Opening Day/Hours:

Monday- Saturday 11am to 11pm Sunday 11am to 4pm

pecialt

Tucunaré from Tocantins: whole fish fried in oil, served with rice, tomato and onion vinaigrette and cassava flour.

😪 + 55 (63)3215–4989

💿 @cabanadolago





SPECIAL BEERS WITH AROMAS AND FLAVORS FROM THE CERRADO.

CURIANGO BREW

Address:

Av. Belo Horizonte, n. 07 Praça Joaquim Maracaipe District of Taquaruçu, City of Palmas - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Saturday 9am to 6pm

Cashew beer: homemade beer produced with typical cashew fruit

+ 55 (63)98102-1008 & @curiangobrew @



REGIONAL VEGETARIAN CUISINE BUFFET

TEMPERANÇA

Address:

106 norte Al 04, n°05,City of Palmas - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Saturday 11:30am to 2pm Sunday 12pm to 3pm

Banana Bobó: stew made with banana, coconut milk, served with sesame rice

@temperanca_saude





SNACKS WITH CERRADO INGREDIENTS

GOSTOSURAS Do cerrado

Address:

Av. São Sebastião qd 80 lt 01 District of Taquaruçu, City of Palmas - State of Tocantins - Brazil

Opening Day/Hours:

Wednesday - Sunday 4pm to 9:30pm

pec

Golden cabacinha with pumpkin, banana and shredded sun dried beef cooked: dough fried in vegetable oil and stuffed

> + 55 (63)99227-1114 & @gostosurasdocerrado 0



VEGETARIAN CAFE

DOCE DELIRIUM

Address: 103 norte Al 04,n°03, City of Palmas – State of Tocantins – Brazil

Opening Day/Hours:

Monday – Friday 2pm to 8pm

Specialty

Vegetarian caprese quiche: baked gluten-free flour dough stuffed with vegetable cheese, basil pesto and tomato confit

🖑 + 55 (63)99210–0355

odocedelirium_





CONTEMPORARY CUISINE BUFFET

RESTAURANTE VICTORIA

Address: Av.Jk 103 norte nº167, City of Palmas – State of Tocantins – Brazil

> **Opening Day/Hours:** Monday-Sunday 11am to 2:30pm

pecie

Homemade Pirarucu roasted with vegetables and crispy cassava flour farofa

+ 55 (63)3026-1219 😪

@restaurantevictoria O





A story in every corner you walk, a flavor in every place you visit. It is a breathtakingly beauty! Welcome to the first capital of our state, the beloved Miracema do Tocantins. Here, you will find many stories and a traditional cuisine, rooted in flavor and tradition. Come taste these delicacies, feel the energy of this enchanting place and take the opportunity to chat with these very hospitable people. RESTAURANT WITH BARBECUE AND HOMEMADE FOOD

MANCHA'S Restaurante

Address:

Av.Tocantins nº927 center, town of Miracema do Tocantins – State of Tocantins – Brazil

Opening Day/Hours:

Sunday-Friday 11am to 2pm

Specialty

Affective homemade food. Request menu information.

+ 55 (63)98475-5285
 @manchas_restaurante





RESTAURANT WITH BARBECUE AND HOMEMADE FOOD

CHURRASCARIA PÉ DE MANGA

Address:

Av.Tocantins nº929 center,town of Miracema do Tocantins – State of Tocantins – Brazil

Opening Day/Hours:

Monday - Sunday 10am to 2pm

Affective homemade food. Request menu information

+ 55 (63)98513-2782 😪 @churrascariapedemanga 🧿





TOURIST ATTRACTION, BAR AND RESTAURANT

BALNEÁRIO Lucena

Address:

Rod 455 Km 18 rural area, town of Miracema do Tocantins – State of Tocantins – Brazil

Opening Day/Hours:

Wednesday-Sunday 8am to 6pm

Specialty

Fish fried in vegetable oil with rice, cassava flour farofa and tomato and onion vinaigrette

🖑 +55 (63)98412–7948

💿 @balneario_lucena





OFFICIAL FLAMENGO RESTAURANT AND BAR IN TOCANTINS

EMBAIXADA Flamira

Address:

Av. Getúlio Vargas nº18 center, town of Miracema do Tocantins - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 11am to 2:30pm / 5pm to midnight

Grilled tilapia with pequi sauce and vegetables

+ 55 (63)3366-1336 😪

@embaixada.oficialflamira 🖸



TOURIST ATTRACTION, GUESTHOUSE AND RESTAURANT

PRAIA DO PAREDÃO

Address:

Rod 455 Km 17 rural area, town of Miracema do Tocantins – State of Tocantins – Brazil

Opening Day/Hours:

Tuesday-Sunday 8am to 6pm

Specialty

Fish fried in vegetable oil with rice, cassava flour farofa and tomato and onion vinaigrette

🖑 + 55 (63)98421–9680

🧿 @praiadoparedao





AÇAÍ SHOP

BEAR AÇAÍ

Address:

Av.C nº350 Praça Mãe Domingas, town of Miracema do Tocantins - State of Tocantins - Brazil

Opening Day/Hours:

Sunday-Thursday 2pm to 11pm Saturday Special hours

Refreshing açaí bowl served with seasonal fruits

+ 55 (63) 99939-8482 🤘

@bear_acai 🗿





TOURIST ATTRACTION, BAR AND RESTAURANT

PRAIA DO FUNILIM

Address:

Rod 455 Km 18 rural area, town of Miracema do Tocantins – State of Tocantins – Brazil

Opening Day/Hours:

Saturday-Sunday 8am to 6pm

Specialty

Homemade cuisine: request menu information

└ + 55 (63) 98448–7492

💿 @praiadofunilin_





HOMEMADE CONFECTIONERY AND CAFE

LU CAKES

Address:

Av.B nº679 Flamboyant 1, town of Miracema do Tocantins – State of Tocantins – Brazil

> **Opening Day/Hours:** Tuesday-Saturday 3pm to 7pm

Sweets and cakes: request menu information







TOURIST ATTRACTION, GUESTHOUSE AND RESTAURANT

FUNIL BEACH

Address:

Rod 455 Serrinha farm rural area, town of Miracema do Tocantins - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Sunday 7am to 10pm

peci

Pirarucu Funil beach: grilled pirarucu fish with mashed potatoes

& +55 (63)98490-9051

🗿 @praiadofunil





TAPIOCA SHOP

TAPIOCARIA Da Paula

Address:

Municipal Covered Fair, town of Miracema do Tocantins - State of Tocantins - Brazil

> **Opening Day/Hours:** Tuesday- Saturday 3pm to 8pm

peci

Sweet and savory stuffed tapiocas: request menu information

> + 55 (63)98408-4588 😪 @tapiocariadapaula 🗿



RESTAURANT WITH REGIONAL BRAZILIAN FOOD

A CASA Do Chef

Address:

Support point on the river, town of Miracema do Tocantins – State of Tocantins – Brazil

Opening Day/Hours:

Thursday-Monday 11am to 10pm

Specialty

Pirarucu ssea: grilled pirarucu, babassu oil and shrimp broccoli rice

& + 55 (63)98405-0157

@_acasadocheff





Town of Pajeado

A charming destination that combines stunning landscapes with warm hospitality. Here, you will be presented with unmistakable flavors that will awaken the senses and will provide a truly memorable gastronomic experience. From traditional dishes to contemporary delicacies, this Route offers a variety of options to satisfy every palate. Get ready to explore the best of the local cuisine and delight in a unique gastronomic journey, with enchanting landscapes such as the banks of the river, lake, and hills.

AÇAÍ SHOP

IMPÉRIO AÇAÎ Guaraná

Address:

Rua Norte e Sul qd B lt 16 , town of Lajeado -State of Tocantins - Brazil

> **Opening Day/Hours:** Monday - Saturday 2pm to 10pm

Specialt

Açaí guarana: request local menu



+ 55 (63)99240-0806 🖑 @imperioacailajeado 🧿 TOURIST ATTRACTION AND RESTAURANT

GRUTA E CACHOEIRA Do kael

Address:

Rod. TO 010 Km 22, sentido Pedreira, town of Lajeado - State of Tocantins - Brazil

Opening Day/Hours:

Service with prior appointment

pecia

Free-range chicken: chicken cooked in sauce, rice, cassava flour stewed in flour with chicken broth and salad.





RESTAURANT

RESTAURANTE DO AMADEU

Address: Balneário Ilha Verde , town of Lajeado – State of Tocantins – Brazil

> **Opening Day/Hours:** Tuesday - Sunday 10am to 4pm

Fish Mix: fish fried in vegetable oil, cassava flour with fish broth and pepper, rice, farofa, salad

+ 55 (63)98473-7555 😪

@restaurantedoamadeu O





SMALL HOTEL AND RESTAURANT

POUSADA SOSSEGO Do Tocantins

Address:

Rod TO 010 Km 56,5 , ,town of Lajeado - State of Tocantins - Brazil

Opening Day/Hours:

Service with prior appointment

pecialt

Fish cracklings

₩ + 55 (63)99249–6340

Opousadasossegodotocantins





BARBECUE SKEWER

ESPETINHO DO FABINHO

Address:

Av. Justiniano Monteiro s/nº, town of Lajeado -State of Tocantins - Brazil

Opening Day/Hours:

Wednesday-Monday 5pm to midnight

Dinner: barbecued beef skewer, cooked cassava, tropeiro beans (cooked beans with chopped bacon, caabrese sausage, cabbage leaf, chili pepper and cassava flour) rice and tomato and onion vinaigrette

+ 55 (63)3519–1055 🤘



COFFEE SHOP

QUIOSQUE DO SEU RIBA

Address:

Rua Herberth Guimarães s/nº, town of Lajeado -State of Tocantins - Brazil

Opening Day/Hours:

Monday-Saturday 8am to 6pm

Specialty

Savory fried pastry stuffed with ground meat served with sugarcane juice: wheat flour dough fried in vegetable oil with a filling of ground beef and sugarcane

🖑 + 55 (98)98834–7648

Oquiosquedoseuriba





BEACH BAR

CASCA GROSSA

Address: Rod. TO 010 km 47 , town of Lajeado – State of Tocantins – Brazil

Opening Day/Hours:

Friday 5pm to 10pm Saturday-Sunday 11am to 11pm

Campeira: picanha flambéed in butiá brazilian cachaça, rustic farofa kibebe



+ 55 (63)98402-0031 & @cascagrossapraiabar @

RESTAURANT AND SNACK BAR

OUIOSQUE CAFÉ COM FÉ

Address:

Rua Herberth Guimarães s/nº, town of Lajeado -State of Tocantins - Brazil

Opening Day/Hours:

Monday-Saturday 6am to 2pm

pecialty

Traditional Chambari: request local menu

└ + 55 (63)99111−0198

@quiosque_cafe_com_fe





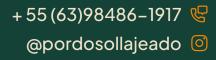
BAR AND RESTAURANT

RESTAURANTE POR DO SOL

Address: Praia do Segredo, town of Lajeado - State of Tocantins - Brazil

> **Opening Day/Hours:** Monday-Sunday 8am to 8pm

Chicken fillet fried in vegetable oil, breaded in sesame seeds





CONVENIENCE STORE, RESTAURANT AND BAR

CONVENIÊNCIA Morro do segredo

Address:

Rod TO 010 Auto Posto Lajeado, town of Lajeado - State of Tocantins - Brazil

Opening Day/Hours:

Tuesday-Sunday 5pm-12am Lunch by appointment

X Secret: brioche bread, beef burger, chicken fillet, bacon, pepperoni, tomato and lettuce

└ + 55 (63)99232−2790

@conveniencia_morrodosegredo







GASTRONOMIC ROUTES TOCANTINS







Sumary

Town of Mateiros	61
Town of São Félix	80
Town of Ponte Alta	92
Town of Porto Nacional	101

Godmother of "Jalapão" Flavors Routes



No one leaves my house hungry.

Dona Rosa, inspired by the entrepreneurial spirit, she was the first businesswoman to set up a restaurant in the town of Mateiros, almost thirty years ago. Restaurant that is now run by her adult children, who bring in their essence the taste for cooking and serving. Owner of a simple menu of homemade food, which reflects a cuisine with stories and family memories from the Jalapão region. Dona Rosa is a symbol of Jalapão's cuisine and today is known by locals and guides in the region for her delicious food and contagious friendliness.

In memory

RESTAURANTE ROSAS DO JALAPÃO



One of Jalapão's culinary treasures! On this gastronomic journey, you will explore the authentic flavors of the region, immersing yourself in the richness of Tocantins' typical cuisine. Savor delicious dishes prepared with fresh, local ingredients. In addition to satisfying your taste buds, the Mateiros Gastronomic Route will allow you to learn more about the culture, history and stunning natural beauty of Jalapão. Venture into this unique experience and discover the true taste of Tocantins!

RESTAURANT WITH SELF-SERVICE HOMEMADE CUISINE

FLOR DO Jalapão

Address:

Fazenda Margens do Rio Novo - Zona Rural, town of Mateiros - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday from 11:00 - 15:00

pec

Homemade cuisine with regional ingredients

+ 55 (63) 99230-0689 😪 @flor_do_jalapao 🙆



LA CARTE RESTAURANT SERVING CONTEMPORARY CUISINE WITH REGIONAL INGREDIENTS

MAMA-CADELA

Address:

Av. Maranhão, Nº 10, centro, town of Mateiros - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday from 6pm to 11pm

Specialty

Snack of tapioca dough with mozzarella cheese fried in vegetable oil plus regional buriti fruit jelly

└ : + 55 (32) 99124−4322

Omamacadelarestaurante





RESTAURANT WITH SELF-SERVICE HOMEMADE CUISINE

CURICACA

Quilombo Rio Novo Community

Address: Fazenda Margens do Rio Novo - zona rural, town of Mateiros - State of Tocantins - Brazil

> **Opening Day/Hours:** Monday - Sunday from 11:00 - 15:00

Homemade cuisine with regional ingredients served on a wood burning stove

+ 55 (63) 99212-3440 🤘

@restaurante_curicaca O



RESTAURANT WITH HOMEMADE JALAPOEIRA FOOD SERVED ON A WOOD-BURNING STOVE

MANDALA JALAPÃO

Mumbuca Community

Address:

Rodovia TO 110, Fazenda Firmeza, town of Mateiros – State of Tocantins – Brazil

Opening Day/Hours: Monday - Sunday from 11am to 2:30pm

Specialty

Chambaril jalapoeiro: request local menu

💿 @restaurantemandalajalapao





LA CART RESTAURANT WITH REGIONAL CUISINE AND SIGNATURE DRINKS MENU

POUSADA BEIRA DA MATA

Address:

Chácara Bom Sossego, Jalapão TO-255 Rural, town of Mateiros - State of Tocantins - Brazil

> **Opening Day/Hours:** Monday - Sunday from 19:00 - 22:00

Pirarucu with tucupi pirão: Grilled regional fish, with cassava flour stew and tucupi broth made with cassava

+ 55 (63) 99966-4421 🤘

@pousadabeiradamata 🖸



RESTAURANT WITH AFFECTIONATE FOOD AND SNACKS WITH REGIONAL ELEMENTS

FERVEDOURO PRAINHA MUMBUCA

Address:

Comunidade Mumbuca, town of Mateiros -State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday from 7am to 6pm

pecía

Well prepared jalapoeiro:grilled sun meat, banana, cooked cassava, and slices of bacon

🖑 + 55 (63) 99974–8648

Ofervedouroprainhamumbuca





THEMED SELF-SERVICE RESTAURANT AND BURGER BAR

ROSA DO Jalapão

Address:

Av. Maranhão, R. L Sete, 7 - Qd 20 - Centro, town of Mateiros - State of Tocantins - Brazil

Opening Day/Hours:

Monday – Sunday from 11am to 9pm

Homemade Jalapoeiro burger: Request local menu





2:11

HOMEMADE FOOD RESTAURANT WITH LOCAL INGREDIENTS AND SEASONINGS

RESTAURANTE Do LÉO

Address:

Povoado Carrapato, town of Mateiros - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday from 11am to 3pm

Specialt

Homemade cuisine with regional ingredients served on a wood burning stove

😽 + 55 (63) 99128-2123

@restaurantedoleojalapao





HOMEMADE PIZZAS WITH FRESH INGREDIENTS

PIZZARIA Bahamas

Address:

Rua 08 Qd. 35, lote 15, centro, town of Mateiros - State of Tocantins - Brazil

Opening Day/Hours:

Wednesday - Monday from 6pm to midnight

Specia

Jalapão Pizza with sun-dried meat and cream cheese border: sun-dried meat, banana, catupiry cheese and mozzarella cheese



+ 55 (63) 99943-6775 🧏

@bahamaspizzaria

TRADITIONAL BARBECUE SKEWER

ESPETOS MPA TAVARES

Address:

Rua O6 s/n, town of Mateiros -State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday from 5:30 pm to 10 pm

Specialty

Mixed barbecue skewer: beef skewer roasted over coals with onions, served with cooked cassava and tomato and onion vinaigrette

V + 55 (63)99230-4208



HOMEMADE PIZZAS WITH LOCAL INGREDIENTS

PIZZARIA MANDIARE BENE

Address:

Av. Maranhão, QI 14, Lt. 03, Centro, town of Mateiros - State of Tocantins - Brazil

Opening Day/Hours:

Monday – Sunday from 5:30 pm to 10 pm

Specia

Pizza with sun-dried meat and cassava cream cheese

+ 55 (63) 99110-6595 🖑 @mandiarebene 🞯



PASTELARIA TAVARES E ESPETOS

Address:

Rua Piaui s/n, town of Mateiros - State of Tocantins - Brazil

Opening Day/Hours:

Tuesday - Sunday from 6pm to 10pm

Specialty

Various barbecue skewers with side dishes: request local menu

𝔤 + 55 (63)99105−5728
 O @pastelaria_jalapao





BAR WITH COLD BEER AND REGIONAL FRUIT DRINKS

ARAPUKA'S DRINKS

Address:

Av. Maranhão, s/n, centro, town of Mateiros -State of Tocantins - Brazil

> **Opening Day/Hours:** Monday – Sunday from 6pm to 2am

pec

Cupuaçu fruit drink with sweet rapadura (derived from sugar cane) and ginger

+ 55 (63) 99122–1083 🖑 @arapukasdrinks 🙆



RESTAURANT WITH SELF-SERVICE HOMEMADE FOOD AND REGIONAL ICE CREAM

restaurante e sorveteria VIOLA DE BURITI

Address:

Comunidade Mumbuca, town of Mateiros -State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday from 11:00 - 15:00

Timberê de Mandioca: cassava-based stew with dried beef

🧿 @restaurantvioladeburiti





STEAKHOUSE WITH SPECIAL CUTS AND HOMEMADE FOOD

CHURRASCARIA JALAPÃO

Address: TO 110, town of Mateiros – State of Tocantins – Brazil

> **Opening Day/Hours:** <u>Tuesday</u> – Sunday from 6pm to 10pm

Barbecue with special beef cuts and self-service homemade cuisine

+ 55 (63) 99267–1937 🖑 @churrascariajalapao 💿





INTIMATE BAR

RECANTO DAS DUNAS

Address:

TO 255 800m entrada das Dunas, town of Mateiros - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Sunday from 14:00-22:00

Specialty

House-style pizza: wheat-based dough, mozzarella cheese, Calabrian sausage, and sliced onions

🖑 🛛 + 55 (19)99848–5995

💿 @recantodasdunas_jalapao





AFFECTIVE FOOD RESTAURANT WITH REGIONAL INGREDIENTS AND SIGNATURE DRINKS

RESTAURANTE E CAMPING EXTREMO

Address: Zona Rural, town of Mateiros – State of Tocantins – Brazil

> **Opening Day/Hours:** <u>Monday -</u> Sunday from 6pm to 10pm

pec

Regional mangaba fruit drink with lemon typical of Jalapão (Galician lemon)

+ 55 (63) 98487–1377 🧏

@campingerestauranteextremo O





SMALL HOTEL AND RESTAURANT

pousada e restaurante ROTA IIO JALAPÃO

Address:

Rodovia TO 110, town of Mateiros - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday from 11:00 - 15:00

Specialty

Grilled meats: grilled filet mignon beef filet mignon, cooked cassava, mozzarella cheese, and tomato

🖑 🛛 + 55 (63)99998–9999

🧿 @rota110jalapao







In the town of São Félix (in the Jalapão region), gastronomy mixes with exuberant nature, providing a unique experience for the senses. Come explore the charms of the water springs and delight in the local cuisine, a perfect combination that will delight your palate and feed your soul!

RESTAURANT WITH SERVICE BY APPOINTMENT

ASSOCIAÇÃO QUILOMBO DO PRATA

Address:

Zona rural, comunidade do prata, town of São Felix - State of Tocantins - Brazil

> **Opening Day/Hours:** Monday - Sunday from 11am to 3pm

Speci

Homemade cuisine with regional ingredients cooked on a wood burning stove

+ 55 (63) 99224-2690 🖑 @capim_dourado_do_prata 💿



HOMEMADE BEERS

CERVEJARIA Rota 22

Address:

Av Tocantins, s/n, town of São Felix - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday from 6pm to midnight

Specialty

Homemade beers produced with jalapão waters. Craft hamburger with malt bread and a burger blend

🖑 + 55 (63) 99267–7138

💿 @cervejariarota22







RESTAURANT WITH SERVICE BY APPOINTMENT

RESTAURANTE DA Rosinha

Address:

Zona rural, comunidade do prata, town of São Felix - State of Tocantins - Brazil

> **Opening Day/Hours:** Monday - Sunday from 11am to 3pm

pec

Homemade cuisine with regional ingredients cooked on a wood burning stove

+ 55 (63) 99998-4768 🤘

@restaurantadarosirene 🖸



RESTAURANT WITH HOMEMADE COMFORT FOOD AND SNACKS

FERVEDOURO JATOBÁ

Address:

Fazenda Rio Sono e Prata, town of São Felix -State of Tocantins - Brazil

Opening Day/Hours:

To be consulted

Specialty

Affectionate homemade cuisine with regional ingredients: request local menu

& + 55 (63) 98421–3916

@fervedourojatoba





RESTAURANT WITH SERVICE BY APPOINTMENT

RANCHO CAIPIRA

Address: Zona rural, comunidade do prata, town of São Felix - State of Tocantins - Brazil

> **Opening Day/Hours:** Monday - Sunday from 11am to 3pm

Specia

Gastronomic experience in the production of rapadura, (derived from sugar cane), flour and regional

+ 55 (63) 99969-7542 🤘

@ranchocaipirajalapao2023 O





LA CARTE DISHES AND SANDWICHES

PIT DOG DO ARRAIS

Address:

Praça Siqueira Campos, s/n, centro, town of São Felix - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday from 11am to 2pm and 6pm to midnight

pecial

Bifão do Arrais: Grilled beef steak with onion, rice, carioca beans in broth, egg fried in vegetable oil and chopped tomato

4 + 55 (63) 99205–5014

Opit_dog_arrais





SMALL HOTEL AND RESTAURANT WITH COZY HOMEMADE FOOD AND SNACKS

FERVEDOURO Por Enquanto

Address:

Fazenda Chiquinho, zona rural, town of São Felix - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday from 7am to 6pm

Pan of sun-dried meat with banana: sun-dried meat, rice, chopped tomato, mozzarella cheese, chili pepper, and sour cream

+ 55 (63) 99997–1022 🤘

@fervedouroporenquanto O



PIZZAS IN GENERAL

PIZZARIA BRASIL

Address:

Praça Salustiano Ribeiro da Silva, s/n, town of São Felix - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday from 6pm to midnight

Specialty

Pizza with artisanal dough and fresh regional ingredients: request local menu

🖑 + 55 (63) 99999–1236

O @pousadanascentedojalapao





SMALL HOTEL AND RESTAURANT WITH COZY HOMEMADE FOOD AND SNACKS

FERVEDOURO BELA VISTA

Address: Chácara Bela Vista, zona rural, town of São Felix - State of Tocantins - Brazil

> **Opening Day/Hours:** To be consulted

Affectionate homemade food with regional ingredients: request local menu



+ 55 (63) 99280-5800 & @fervedourobelavista @ PIZZAS IN GENERAL

PIZZARIA MYRELLA

Address:

Avenida Jalapão, Nº 16, centro, town of São Felix - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Saturday from 6pm to midnight

Specialty

Pizza with artisanal dough and fresh regional ingredients: varied menu of pizzas using local ingredients

🖑 + 55 (63) 99110–7514

o @pizzariamyrella





RESTAURANT WITH HOMEMADE FOOD

PORCO NA LATA

Address: Av Tocantins, Nº 158, town of São Felix - State of Tocantins - Brazil

> **Opening Day/Hours:** Monday - Sunday from 7am to 4pm

Speci

Pork meat slowly cooked in its own lard, accompanied by crispy cassava farofa, vinaigrette of tomato and onion and rice

> + 55 (63) 99278-3754 V @restauranteporconalata 0





Discover the authentic flavor of the town of Ponte Alta! Here, the culinary traditions are preserved with kindness. Each dish is a masterpiece expressing local flavors and bringing regionalization to the table. Genuine and irresistible flavors that take you in a trip to the heart of Tocantins. An experience of flavor that fills the eyes and sharpens the senses!

SMALL HOTEL AND RESTAURANT WITH SIGNATURE DRINKS

POUSADA ÁGUAS Do Jalapão

Address:

Fazenda Santa Ângela, TO 255, km 131, town of Ponte Alta do Tocantins - State of Tocantins - Brazil

Opening Day/Hours:

To be consulted

Specialty

Paella Jalapoeira, a tasty mix of Jalapão flavors: rice, sweet pepper, pork loin, beef of sun-dried meat, pork sausage, chicken fillet, tomato, colored pepperspeppers

₩ + 55 (63) 98467–6740

Opousadaaguasdojalapao





RESTAURANT WITH HOMEMADE FOOD

RESTAURANTE E BAR BEIRA RIO

Address:

Rua Manoel Cavalcante, s/n, centro, town of Ponte Alta do Tocantins - State of Tocantins - Brazil

Opening Day/Hours:

Tuesday – Sunday from 11am to 2pm and 6pm to 10:30pm

Self Service with barbecue: request local menu

+ 55 (63) 99284-7861 😪 @bar_restaurantebeirario 🧿



AÇAÍ AND HAMBURGER SHOP

AÇAÎ JÂLAPA

Address:

Av Joana Medeiros, s/n, centro, town of Ponte Alta do Tocantins - State of Tocantins - Brazil

Opening Day/Hours:

Every day except Wednesday from 7am to 12pm and 2pm to 10pm

Specialt

Jalapa Burger (brioche bun, shredded grilled beef, beef burger, cheese, banana, red onion and lettuce and tomato salad)

😪 + 55 (63) 3378-1608 💿 @acaijalapa_oficial





RESTAURANT WITH HOMEMADE FOOD

RESTAURANTE DO OUTRO LADO DO PARAÍSO

Address:

Av Joana Medeiros, s/n, centro, town of Ponte Alta do Tocantins - State of Tocantins - Brazil

Opening Day/Hours:

Tuesday – Sunday from 11am to 2pm and 6pm to 10:30pm

Affective homemade and regional cuisine: request local menu

+ 55 (63) 98439-0737 🤘

ROTA 255

Address:

Av Umbelina Mendes, rod 255, town of Ponte Alta do Tocantins - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday from 7am to 10pm

Specialty

Jalapão's dumpling : dumpling made with cassava starch and shredded beef, deep-fried in vegetable oil

kg + 55 (63) 98421–3867 kg

🤨 @route255pa





RESTAURANT WITH HOMEMADE FOOD

TAMBORIL

Address:

Av Manoel Cavalcante, s/n, centro, town of Ponte Alta do Tocantins – State of Tocantins – Brazil

Opening Day/Hours:

Monday - Saturday from 11am to 3pm and 6pm to 10pm

Jalapão Fillet (Grilled beef fillet with a crust of baru nut farofa, red wine sauce and creamy rice with assorted mushrooms and cream

+ 55 (63) 99241–1413 🤘

@tamborilrestaurante O



VARIOUS BARBECUE SKEWER

ESPETOS GRILL

Address:

Av Doutor Albeniz Ferraz, St Aeroporto, s/n, town of Ponte Alta do Tocantins – State of Tocantins – Brazil

Opening Day/Hours:

Monday - Sunday from 6:30 pm to 10:30 pm

pecía

Barbecue Skewers of various cuts of beef roasted over coals, with a side dish of cooked cassava, and tomato and onion vinaigrette.

V + 55 (63) 98501–0789

💿 @espetosgrillpa







RESTAURANT WITH HOMEMADE FOOD

PORTAL ÍNDIO DO JALAPÃO

Address:

Av Joana Medeiros, Nº 613, centro, town of Ponte Alta do Tocantins – State of Tocantins – Brazil

Opening Day/Hours:

Monday - Saturday from 10:30 am to 2 pm

Affective Homemade Cuisine with regional dishes: request local menu



+ 55 (63) 99235-7226 & @restdoindio @

Town of Porto Nacional

The town of Porto Nacional reveals its seasonings and awakens its aromas in a creative and diverse Gastronomic Route. Each dish is a culinary combination with varied cultural traits, reflecting this historical town. Instead of worrying about your choice, the ideal is to savor everything on a journey discovering flavor.

BEACH SHACK, RESTAURANT

BARRACA Rancho Mineiro

Address:

Praia de Porto Real, Town of Porto Nacional -State of Tocantins - Brazil

Opening Day/Hours:

Monday-Sunday 9am to 6pm with transfer to the location

Specia

Ivete-Style Fish, Fish With Sauce Pirão Farofa, Rice, Cassava Flour Stew With Coconut Milk, Pepper Sauce, Vegetables And Boiled Eggs.



+ 55 (63) 98463–5176 🤘

@ranchomineiropraia O

BEACH SHACK, RESTAURANT

RESTAURANTE Ranchão da praia

Address:

Praia de Porto Real, Town of Porto Nacional -State of Tocantins - Brazil

Opening Day/Hours:

Tuesday - Sunday 10am to 11pm with transfer to the location

Ceviche of Tilapia fish





BEACH SHACK, RESTAURANT

BARRACA UNIPORTO ZECA RUFO E LUSA

Address:

Praia de Porto Real, Town of Porto Nacional -State of Tocantins - Brazil

Opening Day/Hours:

Monday-Sunday 9am to 6pm with transfer to the location

Fried Tambaqui: Fried Tambaqui Fish With Gherkin Tartar Sauce



+ 55 (63) 98459-7904 & @barracauniporto @

PUB

BOTECO Da Orla

Address:

Av. Monte do Carmo s/nº Orla, Town of Porto Nacional - State of Tocantins - Brazil

Opening Day/Hours:

Thursday-Tuesday 5pm to 11pm

Specialty

Parmigiana with French fries

🖑 +55 (63) 8459–1180

Obotecodaorlaportonacional





RESTAURANT OF REGIONAL FOOD

CHAMBARÍ DU CUMPADI

Address:

Av. Engenheiro Luiz Cruz, s/n Jardim Brasília, Town of Porto Nacional - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Saturday 9am to 2:30pm

pec

Traditional Chambari: Ossobuco Beef Stewed With Cooked Cassava

+ 55 (63) 98418-7966 🧏

@chambariducumpadi 0



RESTAURANT, PUB

RESTAURANTE E Choperia Beira Rio

Address:

Av.Padre Luso nº 1042, Orla, Town of Porto Nacional – State of Tocantins – Brazil

Opening Day/Hours:

Tuesday -Friday 5pm to 12am Saturday-Sunday 10am to 12am

pecialta

Fish in lemon sauce: banana vinaigrette and crispy fries

₩ + 55 (19) 98853–6717

© @restaurantechoperiabeirario





RESTAURANT

ESPETO DO Domingão

Address:

Av Joaquim Aires nº2200 centro, Town of Porto Nacional – State of Tocantins – Brazil

> **Opening Day/Hours:** Monday- Sunday 6pm to 11pm

Skewer Accompanied: Beef Skewers With Varied Meats, Tropeiro Beans A Served With Cooked Cassava And Tomato And Onion Vinaigrette

+ 55 (63) 98406–1621 🤘

@espetodomingao 🗿



SMALL HOTEL, ATTRACTION AND RESTAURANT

ESTÂNCIA São José

Address:

Chacára Vitória Cosme e Damião, Town of Porto Nacional - State of Tocantins - Brazil

Opening Day/Hours:

Saturday - Sunday and hot days 10am to 8pm by reservation

Free-range chicken with creamy angu of green corn

🖑 +55(63) 98455–5784

🧿 @estanciasaojosepn





RESTAURANT AND BAR

FLUTUANTE MÃE Maria III

Address:

Av. Padre Luso (in front of Vicentão), Orla, Town of Porto Nacional - State of Tocantins - Brazil

Opening Day/Hours:

Tuesday-Saturday 10am to 10pm Sunday 10am to 5pm

Disc with Pirosca fish and homemade creamy pepper sauce

+ 55 (63) 3363-3277 😪 @flutuante_mm3 🙆





COOKIES, SWEETS, LIQUEURS

COCANA DOCES E BISCOITOS

Address:

Rua Getulio Vargas, nº470, centro, Town of Porto Nacional – State of Tocantins – Brazil

Opening Day/Hours:

Monday-Friday 7am to 12pm 1pm to 6pm Saturday 7am to 1pm

-necu

homemade cookies, liqueurs and regional fruit sweets

☞ + 55 (63) 3363-1273
 @cocanabiscoitos





EMPORIUM AND BUFFET

FORNERIA REAL

Address:

Av Anizio Alves Costa nº1838, centro, Town of Porto Nacional – State of Tocantins – Brazil

Opening Day/Hours:

Monday - Friday 8am to 12pm 2pm to 6pm Saturday 9am to 12pm

Mangulão cake: cassava and cheese cake with varied fillings



+ 55 (63) 98457-6721 & @forneria_real @



BAR AND SNACK BAR

GREGÓRIO ESPETINHO

Address:

Av, Associação rural s/nº, Town of Porto Nacional - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Saturday 4pm to 11:30pm Sundays (roasts) from 11am.

pecialt

Gregório's Romeu and Juliet skewer: guava paste with curd cheese wrapped in bacon

🖑 + 55 (63) 99112–8998

Ogregorioespetinho





BEACH, BAR AND RESTAURANT

QUIOSQUE ORLA PARK

Address:

Orla Oeste Luzimangues, qd 73, lt23, District of Luzimangues - Town of Porto Nacional - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 9am to 2am

Spec

Pan of tilapia fish : tilapia fish, rice and creamy sauce

+ 55 (63) 98491-8487 & @quiosqueorlapark O



SWEET SHOP

CARMEN DOCES

Address:

Rua 15, Qd 07, Campo Belo, District of Luzimangues -Town of Porto Nacional - State of Tocantins - Brazil

Opening Day/Hours:

Tuesday-Sunday 2pm to 7pm pickup or delivery

Specialt

Homemade corn cake

🖑 + 55 (63) 98470–2861

Occarmen.doces





BEACH, BAR AND RESTAURANT

PRAIA ÂNCORA BEACH

Address:

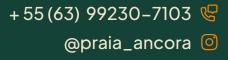
Rua 03, lt 18, Residencial Monâco, District of Luzimangues-Town of Porto Nacional - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 9am to 2am

Specia

Ribs of Snapper fish with lemon vinaigrette and seasoned fries





SNACK AND BURGER SHOP

PRENSADOS LANCHES

Address:

Av. das Nações Unidas, s/n Umuarama, Town of Porto Nacional - State of Tocantins - Brazil

Opening Day/Hours:

Tuesday-Sunday 6pm to 11pm

Specialty

House-style pressed hamburger: request local menu

└ + 55 (63) 98457−0004

Oprensadoslanche





BAR AND DRINK SHOP

PUXADINHO BAR E PETISCARIA

Address:

Rua Jari n °3893 esq. com Av. Joaquim Aires, Vila Nova, Town of Porto Nacional – State of Tocantins – Brazil

Opening Day/Hours:

Tuesday-Sunday 4pm to 4am

Drunk Pork Shank: pork shank flambéed in Paratudo with caramelized onion in rapadura and lambão sauce

> + 55 (63) 99290-2620 & @puxadinhobar_ @



COFFEE SHOP

PAÇOCA Da Mônica

Address:

Av.Luís Leite Ribeiro s/nº centro, Town of Porto Nacional - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Friday 7am to 6pm Saturday 7am to 11am

pecialt

Traditional sun-dried farora with banana

🖑 + 55 (63) 98421–5071

Opacocadamonica





STEAKHOUSE

CHURRASCARIA DO PEDRO TATU

Address:

Av. Juscelino Kubitschek, nº 684 Jardim Brasília, Town of Porto Nacional – State of Tocantins – Brazil

Opening Day/Hours:

Monday-Saturday 5:30pm to 11pm

Grilled picanha: roasted over coals, cooked cassava, tropeiro beans, rice, vinaigrette and trisca sauce

> + 55 (63) 98434-8781 & @churrascaria_pedro_tatu @





PIZZA SHOP

PIZZARIA PAULISTA

Address:

Praça do Centenário centro, Town of Porto Nacional - State of Tocantins - Brazil

Opening Day/Hours:

Tuesday - Sunday 5:30 pm to 10:30 pm

pecialty

Pizza from Porto: request local menu

+ 55 (63) 3363-2366
 @pizzariapaulista.to





BURGER SHOP

POLAR Hamburgueria

Address:

Rua Paraguassú, Praça do avião Vila Nova, Town of Porto Nacional - State of Tocantins - Brazil

> **Opening Day/Hours:** Monday- Sunday 6pm to 11pm

farm's Polar : request local menu



+ 55 (63) 98517-9860 & @polarhamburgueria



SMALL HOTEL, ATTRACTION AND RESTAURANT

RANCHO URUBU

Address:

Chácara Morrinhos, Rod. Porto-Luzimangues km 65, District of Luzimangues – Town of Porto Nacional – State of Tocantins – Brazil

Opening Day/Hours:

Wednesday - Sunday 10am to 10pm

Roasted fish: fish gratin with cassava catupiry

& + 55 (63) 98408–1235

🧿 @rancho_urubu





ARTISANAL LIQUEURS AND BRAZILIAN CACHAÇAS

SABOR A + LICORES

Address: Rua 13 de Julho nº 442, Alto da Colina, Town of Porto Nacional – State of Tocantins – Brazil

> **Opening Day/Hours:** Monday-Sunday 8am to 10pm

Liqueurs and brazilan cachaças flavored with regional fruits

+ 55 (63) 98442-8228 🤘

@saboramaislicores O





RESTAURANT

DELICÍAS Da Nice

Address:

Rua Bartolomeu Bueno nº2735 Jardim Municipal, Town of Porto Nacional - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Sunday 11am to 2pm 6pm to 11pm

pecialty

Fish kibbeh

+ 55 (63) 98474-1331
@delicias_da_nice2





RESTAURANT, TEMAK AND PIZZA SHOP

GRAN PORTO RESTAURANTE

Address:

Anel viario Rua das Gardênias, Parque do Trevo, Town of Porto Nacional – State of Tocantins – Brazil

Opening Day/Hours:

Monday - Sunday 6am to 11pm with colonial coffee from 6am to 9:30am

Colonial Coffee: request local menu



@granporto_temakeria O

HOMEMADE REGIONAL CAKES

BOLO DE ARROZ Dona vanilda

Address:

Ponto de Atendimento: em frente a Honda /e antiga Caixa, Town of Porto Nacional - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Sunday 7am to 11am in front of Honda/ 6:30am to 2:30pm

Rice cake baked in a wood-fired oven



@bolodearrozdavanilda





GASTRONOMIC ROUTES TOCANTINS

FLAVORS GURUPI AND REGION





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"Gastronomy is the soul of good food."

Juarilson - Restaurante Prazeres do Peixe

"Gastronomy is the art of uniting Havors, culture and traditions."

Jean Carlos - Ultra empadinhas

"The Gastronomic Route is a charming channel for people to know the best of Gurupi's cuisine and promote our gastronomy.

Keila Poletto - Hotel e Restaurante Veneza

"It's a passion that goes beyond simple necessity to feed, and it becomes a significant part of someone's lifestyle.

Silvana - Casa Branca Hamburgueria

Town of Gurupí

In this edition, the Gastronomic Route celebrates the charisma and hospitality that are fundamental characteristics of this town. Gurupi has the gift of combining these qualities with flavors that bring the influence of the southern region of Brazil, birthplace of many of its population. That fusion results in local food products that reflect the rich cultural interaction, adding a unique dimension of flavor to this Route.

Immersed in stunning landscapes and welcoming people, Gurupi presents us with unmistakable flavors, capable of awakening the senses and provide a truly memorable gastronomic experience. From traditional dishes to contemporary delicacies, this Rota offers a variety of options for all palates.

COFFEE SHOP WITH HOMEMADE FOOD AND WITH BUFFET SERVICE FOR EVENTS

DIVINO CAFÉ

Address:

Av. Maranhão entre ruas 8 e 9, Town of Gurupi -State of Tocantins - Brazil

Opening Day/Hours:

Monday - Friday 8am to 7pm Saturday Special hours

Homemade quiches with different flavors: baked wheat dough, with different fillings, request local menu

+ 55 (63) 99219-9484 🧏

@divinocafegurupi





HOTEL WITH RESTAURANT OF CONTEMPORARY CUISINE

OITI Hotel

Address:

Rod.Br 153 Km 672, 4, Waldir Lins, Town of Gurupi – State of Tocantins – Brazil

Opening Day/Hours:

Monday - Sunday 6pm to 10pm

Specialty

Gurupi fish: grilled fish fillet, lightly spiced mango salsa, parsley farofa and banana

🖑 + 55 (63) 3312–4000

🧿 @oitihotel





SPECIALIZIED IN FRENCH CREPES AND STUFFED TAPIOCA

SABORES GOURMET

Address: Shopping Araguaia Praça de alimentação, Town of Gurupi - State of Tocantins - Brazil

> **Opening Day/Hours:** Monday - Sunday 10am to 10pm

French crepe with wheat flour dough, stuffed with cooked and shredded sundried beef, banana and arugula

> + 55 (63) 99919-7967 🖑 @sabores.gormt 🖸



HOTEL WITH BAR-RESTAURANT OF BRAZILIAN CUISINE

VENEZA BAR E RESTAURANTE

Address:

Av.Pará nº1823, Town of Gurupi – State of Tocantins – Brazil

Opening Day/Hours:

Monday - Friday 6pm to 12am Saturday 11am to 12am

Shrimp pastel: wheat flour savory dough deep-fried in vegetable oil with shrimp and cream cheese filling

🦞 + 55 (63) 3312–3500

@venezaplazahotel





COFFEE SHOP SPECIALIZED IN MINAS GERAIS' CUZINE

CHEIRIN BÃO

Address: Av.Maranhão entre ruas 02 e 03, Town of Gurupi - State of Tocantins - Brazil

Opening Day/Hours: Monday - Saturday 8am to 12pm/ 2pm to 7pm

Brazilian Cheese bread waffle sandwich stuffed with Minas cheese and mozzarella cheese

+ 55 (63) 98123-4009 🤘

@cheirinbaogurupi



HOMEMADE WOOD-FIRED PIZZA SHOP

DON GARCIA Pizzaria

Address:

Av. Maranhão nº2047, Town of Gurupi - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 6pm to midnight

Specialty

Northeastern pizza: request local menu

+ 55 (63) 3313-2401
 @pizzariadongarcia





SPECIALIZIED IN HOMEMADE PIES WITH A VARIETY OF FLAVORS

ULTRA EMPADINHA

Address:

Shopping Popular Praça de Alimentação box14, Town of Gurupi - State of Tocantins - Brazil

> **Opening Day/Hours:** Tuesday – Friday 8am to 6:30pm

Dough made with wheat flour baked with a filling of cooked and shredded sundried beef and banana.

+ 55 (63) 98444-9550 🤘

@ultra_empadinha 🧿





JAPANESE CUISINE RESTAURANT, BAR AND POKE BUFFET

VS SUSHI

Address:

Rua 09 entre Av. Pará e Goias, Town of Gurupi -State of Tocantins - Brazil

Opening Day/Hours:

Monday – Sunday 6pm to 11:30pm

Specialty

Chef's special combination: varieties of Japanese cuisine made with salmon fish, white fish and Japanese rice

√ + 55 (63) 98429 – 8132
 @vsshushigurupi





GAUCHO THEMED STEAKHOUSE

MEZZA CASA CHURRASCARIA

Address:

Av. Pará esquina com Rua 6, Town of Gurupi -State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 11am to 2:30pm

Special

Gaucho barbecue board: cuts of beef and goat meat roasted over coals topped with passion fruit and guava sauce(regional fruits)



+ 55 (63) 984472-0333 😵

@mezzacasachurrascaria 🖸

GASTROBAR CUISINE WITH NEW CONTEMPORARY FLAVORS

FORTUNATO GASTROBAR

Address: Rua Senador Pedro Luduvico nº651, Gurupi-TO

Opening Day/Hours: Monday – Sunday 5:30 pm to 11:30 pm

Specialty

Fillet with gonzola sauce: beef fillet with creamy gorgonzola sauce

@fortunatogastrobar





BUFFET WITH BARBECUE

RESTAURANTE PAG O PESO

Address:

Av. Maranhão nº1888, esquina com a Rua 06 Centro, Town of Gurupi - State of Tocantins - Brazil

> **Opening Day/Hours:** Monday – Sunday 10:45am to 2pm

Spec

Grilled Cupim cut barbecue with homemade herb sauce

+ 55 (63) 3312-5303 & @pagopeso O



AMERICAN THEMED HOMEMADE HAMBURGER SHOP

CASA BRANCA HAMBURGUERIA

Address:

Av. Maranhão nº1846, Town of Gurupi - State of Tocantins - Brazil

Opening Day/Hours:

Tuesday – Sunday 6pm to midnight

Specialt

Colorado burger: grilled beef burger, lattice of grilled crispy bacon and curd cheese and Calabrian pepper sauce

🖑 🛛 + 55 (63) 3301–0771

O @casabrancahamburgueria





BUFFET WITH BARBECUE

COZINHA DO TCHÊ

Address: Av. Pará nº1623, Town of Gurupi – State of Tocantins – Brazil

> **Opening Day/Hours:** Tuesday – Sunday 11am to 2:30pm

Specia

Barbecue ribs from Rio Grande do Sul: Beef ribs roasted on a barbecue grill for 8 hours.

+ 55 (63) 3312-0818 🤘

@cozinhadotche O



GOURMET ARTISANAL BURGER RESTAURANT

GRELHADO Burger

Address:

Shopping Araguaia Praça de alimentação, Town of Gurupi - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 10am to 10pm

Specialty

Grilled burger 3.0, crispy onion, salad, special house sauce: request local menu

└ + 55 (63) 98474−5587

@grelhado_burger





BUFFET WITH BARBECUE

RESTAURANTE Sabor da terra

Address:

Av. Rio Grande do Sul nº 2496, Town of Gurupi -State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 11am to 2:15pm

Specia

Grilled flank steak with homemade mayonnaise: charcoal-roasted beef cut and a mayonnaise salad made with boiled eggs, boiled potatoes and green pepper

+ 55 (63) 3312-4262 😪

@restaurantesabordaterra.1 0



BAR AND RESTAURANT SPECIALIZED IN SUN-DRIED MEAT

IMPÉRIO DA Carne de sol

Address:

Rua 12 nº24, Eldorado, Town of Gurupi - State of Tocantins - Brazil

Opening Day/Hours:

Tuesday – Sunday from 6pm -10:30pm

Special

Sun-dried meat hideaway: Cassava puree with cream stuffed with cooked and shredded sundried beef, topped with mozzarella cheese.

+ 55 (63) 99956-1778
@imperio_carnedesol





HOMEMADE BUFFET CUISINE

RESTAURANTE Dona Helena

Address: Av.Pará nº1329, Town of Gurupi – State of Tocantins – Brazil

> **Opening Day/Hours:** Monday - Saturday 10:45am to 2pm

Specia

Cooked meat with homemade Mayonnaise: request local menu







PRAZERES DO PEIXE Gastrobar

Address:

Av. 4 nº377 Jardim Tocantins, Town of Gurupi – State of Tocantins – Brazil

Opening Day/Hours:

Tuesday – Saturday 5pm to midnight

pecialty

Spineless snapper fillet with special house sauce

🖑 +55(63) 99949–7160

Oprazeresdopeixe





HOMEMADE BUFFET CUISINE

ART PALADAR RESTAURANTE

Address:

Rua 03, nº 56, Jardim Flamboyan, Town of Gurupi - State of Tocantins - Brazil

> **Opening Day/Hours:** Monday - Saturday 11am to 2pm

Special

Banana mayonnaise: Bananas based salad with mayonnaise, raisins and boiled potatoes

+ 55 (63) 3312-2457 🤘

@art.paladar 🧿



SKEWER WITH MEATS AND SPECIAL CUTS

ESPETARIA Barão

Address:

Av.Paraíba nº1585 esq. com Rua 03, Town of Gurupi – State of Tocantins – Brazil

Opening Day/Hours:

Monday - Saturday 7pm to midnight

Specialty

Picanha barão: grilled picanha beef cut, french fries, rice, tomato and onion vinaigrette and tropeiro beans (beans with bacon, pepperoni sausage, chopped cabbage, green pepper and cassava flour)

🦞 + 55 (63) 3312–4968

🧿 @espetariabarao





HOTEL WITH A RESTAURANT OF ITALIAN AND BRAZILIAN CUISINE

DI NAPOLI Plaza hotel

Address: Av. Guanabara nº1802, Town of Gurupi – State of Tocantins – Brazil

> **Opening Day/Hours:** Monday - Saturday 6:30 pm to 10:30 pm

Creamy polenta with meat ragout: cornmealbased stew with mozzarella cheese and ground beef ragout with tomato passata

+ 55 (63) 3351–1910 🤘

@dinapoliplazahotel O





BAR AND RESTAURANT WITH A VARIETY OF SKEWERS AND ROASTS

MUTUQUINHA BAR

Address:

Rua C nº237, Town of Gurupi – State of Tocantins – Brazil

Opening Day/Hours:

Monday - Saturday 6pm to 11pm

Specialty

Fish kebab 2.0: cut of boneless fish roasted over coals with cassava flour farofa, cooked cassava and tomato and onion vinaigrette

🖞 + 55 (63) 3312-8233

💿 @mutuquinha.bar





Town of Palmeiropolis

Palmeirópolis is known for preserving traditions from the region, bringing regionalization in the vein. Each dish is prepared with fresh, local ingredients, resulting in genuine and irresistible flavors. Every bite is a trip to the heart of Tocantins, a true flavor experience that will fill your eyes and sharpen your senses.

BAR RECANTO Do Sol

Address:

PUB

Av. Tocantins nº214 Setor Bom Tempo, Town of Palmeirópolis - State of Tocantins - Brazil

> **Opening Day/Hours:** Thursday - Sunday 6pm to 11pm

pece

Traditional barbecue skewer : cuts of meat roasted over coals



+ 55 (63) 98446-3153 😪 @bar_recanto_do_sol 💿

COFFEE AND PASTRY SHOP

VINTAGE CAFÉ

Address:

Av. das Palmeiras s/ncentro, Town of Palmeirópolis - State of Tocantins - Brazil

Opening Day/Hours:

Monday – Friday 1pm to 6pm

Specialty

lced coffee with carrot and chestnut cake

🖑 + 55 (63) 98433–3129

@vintagecafeoficial





RESTAURANT OF HOMEMADE FOOD

MARMITAS DA EDY

Address: Av. JK nº880 centro, Town of Palmeirópolis -State of Tocantins - Brazil

> **Opening Day/Hours:** Tuesday - Sunday 11am to 2pm

Specia

Buffet with homemade cuisine: request local menu

> + 55 (63) 98425-7489 🤘 @marmitasdaedy O





RESTAURANT AND BEER SHOP

FERRARE CHOPP

Address:

Av. das Palmeiras nº 186 centro, , Town of Palmeirópolis - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Saturday 11am to 11pm

Specialty

House-style tilapia: Breaded fish fried in vegetable oil with French fries

& + 55 (63) 98442–2123

@ferrare_chopp





BURGER DELIVERY

BIG BURGUER ARTESANAL

Address: Delivery service, Town of Palmeirópolis – State of Tocantins – Brazil

Opening Day/Hours: Tuesday – Sunday 6:30 pm to 11:30 pm

Speci

Homemade burger: brioche bun, beef burger, lettuce, tomato, and grilled bacon

+ 55 (63) 98144-5837 🤘

@bigburguerartaesanal O



Town of Mador ad

We invite you to venture into the flavors by the Tocantins river, inthe picturesque town of São Salvador, where typical cuisine from Tocantins transmits the essence and roots of its people, with stories and knowledge that are a true feast for the taste. Come and navigate this journey of flavors with us. SMALL HOTEL, RESTAURANT AND ATTRACTION

RANCHO TOCA Do Piaú

Address:

Av. Vanceslau Ferreira n°51 centro, Town of São Salvador- State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 6pm to 10pm

pecialte

fish stew: fish in sauce with tomato, onions, colored peppers and coconut milk

4 + 55 (63) 98490–9092

@ranchotocadopiau





HAMBURGER SHOP

SANDUBÃO Lanches

Address: Av.Praião n° 464, Town of São Salvador- State of Tocantins - Brazil

Opening Day/Hours:

Thursday-Tuesday 6pm to 11pm

Spec

Home style hamburger: hamburger bun, sliced mozzarella, grilled burger, fried egg, lettuce, tomato, french fries, and corn



+ 55 (63) 98529-6025 & @sandubalanches @

BAR AND RESTAURANT

SKINÃO TROPEIRO

Address:

Rua Pedro Ludovico nº136, town of São Salvador- State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 8am to 11pm

Specialty

Cuts of meat roasted over coals: request local menu

₩ + 55 (63)98449–3749

💿 @skinaotropeiro







FLAVORS OF "SERRAS GERAIS"

GASTRONOMIC ROUTES TOCANTINS





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"The entire culinary art, with different results in each tasting"

José - Celeiro Bistrô

"Gastronomy is dedication, love and quality"

Lucimar - Restaurante da Lu

"Gastronomy is an art that is made with love"

Zizinha - Caldos e Caldos Serra Linda

"Gastronomy is art, a gift from God to serve others."

Chef Amilton - Pousada Pé de Deus

"The flavor of life depends on who spices it up."

Leide - Restaurante Agenda 21

"Eat, love, laugh, drink coffee, cook, smile, season and gather. experience and be happy"

Carol - Conveniência Serra geral



The historic birthplace of the state of Tocantins, it's a charming place which offers a diversity of natural, historical and cultural experiences for all travelers. Furthermore, it is the gateway perfect for exploring the stunning Serras Gerais do Tocantins. With a gastronomy that is unique and flavors rooted in the origins of our people. Natividade promises an experience both gastronomic and cultural. While you enjoy the natural wonders, let the gentle breeze touch your face and the atmosphere that awakens the senses. This journey offers a unique experience, where nature and cuisine come together to delight and surprise visitors.

RESTAURANT

DELIVERY DA CRIS

Address:

Rua dos esportes Setor Prainha, town of Natividade - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 11am to 2:30pm

Specia

Beef tongue cooked in spicy sauce



+ 55 (63) 99274-2405 😪 @ecologicoo 🙆

SPECIALIZED IN PASTA

MASSAS Da Nega

Address:

Largo do Rosário s/nº , town of Natividade -State of Tocantins - Brazil

Opening Day/Hours:

Tuesday - Sunday 6pm to 11pm

Specialty

Traditional noodles: request local menu

+ 55 (63) 99111-6641
@massas_da_nega





ICE CREAM SHOP, HAMBURGER SHOP AND RESTAURANT

FRUTOS DE Natividade

Address: Praça Leopoldo de Bulhões, town of Natividade - State of Tocantins - Brazil

Opening Day/Hours:

Wednesday - Monday 2pm to midnight

Hamburger X Gonçalves: request local menu







SNAK BAR

DELÍCIAS Da Deli

Address:

Rua Padre Faustino s/nº lt 24, setor Nova esperança, town of Natividade - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Sunday 6am to 10am 3pm to 10pm

Specialty

Homemade risoles with varied fillings: request local menu

└ + 55 (63) 99287−4527

O @delimelquiadesbarbosa





CONTEMPORARY REGIONAL CUISINE

CELEIRO BISTRÔ

Address: Praça da Bandeira nº226, town of Natividade – State of Tocantins- Brazil

> **Opening Day/Hours:** Wednesday - Monday 6pm to 11pm

Specia

Grilled Angus beef with gorgonzola cheese sauce

+ 55 (63) 99285-4853 😪 @celeirobistro 🙆



Sen 5 2 and

RESTAURANT

CASARÃO Restaurante

Address:

Praça Leopoldo de Bulhões nº320, town of Natividade – State of Tocantins – Brazil

Opening Day/Hours:

Tuesday - Sunday 6pm to midnight

hec

Panelinha, jeez baião: rice with sun-dried meat, bananas banana, cheese, hot pepper and sour cream

🖑 🛛 + 55 (63) 9238–9321

🗿 @casaraorest



RESTAURANT AND BAR

RESTAURANTE DA LU

Address:

Av. Senador Teotônio Vilela nº200, Setor sul, town of Natividade - State of Tocantins - Brazil

Opening Day/Hours:

Wednesday - Monday 6pm to midnight

Specia

Barbecue on the grill: beef and pork sausage roasted on the grill

+ 55 (63) 99226-3725 🖑 @restaurant.dalu 🖸



SNAK BAR

BECO GRILL

Address:

Praça Leopoldo de Bulhões s/nº, town of Natividade - State of Tocantins - Brazil

Opening Day/Hours:

Tuesday - Sunday 11am to midnight

pecialt

Special sun-dried beef pizza

☞ + 55 (63) 99213-8870
 @beco_grill





HOMEMADE COOKIES AND COFFEE SHOP

AMOR PERFEITO TIA NANINHA

Address:

Praça da Matriz nº 60, town of Natividade -State of Tocantins - Brazil

> **Opening Day/Hours:** Monday-Sunday 7am to 7pm

Specia

Perfect Love - homemade biscuit baked in a wood-fired oven: Biscuit made with tapioca flour, coconut milk and sugar

+ 55 (63) 98454-0103 😪

@amorperfeitotiananinha O



açaí shop

AÇAÍ BŮRGER

Address:

Praça Leopoldo de Bulhões s/nº, town of Natividade - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 2pm to 11pm

pecialt

Açaí bowl: request local menu

🖑 + 55 (63) 99279–9295

🖸 @acaiburger2k





BROTHS AND REGIONAL CUISINE

CALDOS E CALDOS SERRA LINDA

Address:

Rod. Br 010 Km 202,5 s/n°, town of Natividade - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Saturday 4pm to 11pm

Specie

Sirigado rice and paçoca of sun-dried meat



+ 55 (63) 99229–1522 🧏

@caldosecaldosserralinda O

PASTRY SHOP

pastelaria e caldo de cana ZÉ BIZÉ

Address:

Av. Antônio Benevides Gomes Qd07 lt 11, St.Nova Esperança, town of Natividade - State of Tocantins- Brazil

Opening Day/Hours:

Wednesday - Monday 8am to 12pm 2pm to 10pm

Specialty

Savory fried pastry stuffed with sun-dried meat served with sugarcane juice

4 + 55 (63) 9244–6309

Opastelaria_caldo_de_cana_elion





BUFFET FOR EVENTS AND PARTY SNACKS

QUITANDINHA DA CLARINHA

Address: Delivery service, town of Natividade - State of Tocantins - Brazil

> **Opening Day/Hours:** Monday – Sunday 7am to 9pm

Specia

Homemade party snacks: request local menu

+ 55 (63) 99233-2042 🖑 @quitandinha_da_clarinha 🞯



Town of Aurora do Tocantins

A gastronomic and natural paradise, it is the perfect destination for lovers of good food and exuberant nature. In addition to its rivers and waterfalls of crystalline water (which impress with their tone and visibility) the region also holds a unique treasure: fossils of the great fauna from the Ice Age. When exploring Aurora do Tocantins, visitors are faced with a true living gallery of past.

Furthermore, the welcoming atmosphere of a country town envelops visitors in an irresistible charm. It's an invitation to slow down, enjoy life passing by and experience moments of tranquility.

And when it comes to cuisine, Aurora do Tocantins does not disappoint. The authentic flavors and fresh ingredients are the essence of the local Gastronomic Route. Take the opportunity to taste delicious dishes prepared with free-range chicken, accompanied by cured cachaça and canned meat.

SMALL HOTEL, ATTRACTION AND RESTAURANT

RECANTO Dos azuis

Address:

Complexo Rio Azuis , town of Aurora do Tocantins - State of Tocantins- Brazil

> **Opening Day/Hours:** Monday-Sunday 8am to 7pm

Speci

Tilapia snack with homemade Minas cheese: deep-fried breaded fish fillet with fresh Minas cheese

+ 55 (63) 99270-0121 🤘

@recantodoazuis O



SMALL HOTEL, ATTRACTION AND RESTAURANT

POUSADA PÉ DE DEUS

Address:

Rod.TO 010 Fazenda Baleia, town of Aurora do Tocantins – State of Tocantins – Brazil

Opening Day/Hours:

Monday - Sunday 12pm to 2:30pm

Specialty

Breaded tambaqui ribs: tambaqui fish fried in vegetable oil, rice, fried banana salad.

🖑 + 55 (63) 99294–5874

Opousadapedeus_aurora





RESTAURANT AND ATTRACTION

AGENDA 21

Address:

Complexo Rio Azuis , town of Aurora do Tocantins - State of Tocantins- Brazil

Opening Day/Hours:

Monday - Sunday 8am to 4pm

Spece

Pan with Sun-dried meat and cream: rice with sun-dried meat, with cream and mozzarella cheese

> + 55 (63) 99230-2278 & @rioazuisagenda21



T

SMALL HOTEL, ATTRACTION AND RESTAURANT

ESCORREGA Do Betinho

Address:

Rod.TO 010 Fazenda Ribeirão, town of Aurora do Tocantins - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 7am to 7pm

Specialty

Lunch menu: canned meat and free-range chicken in sauce. Request local menu

🖑 + 55 (63) 99296-9938

@escorregadobetinho





RESTAURANT AND ATTRACTION

RESTAURANTE SOL E LUA

Address:

Complexo Rio Azuis , town of Aurora do Tocantins - State of Tocantins - Brazil

> **Opening Day/Hours:** Monday-Sunday 7am to 9pm

fish stew with pirão: fish in sauce with coconut milk, palm oil, rice, cassava flour farofa and vegetable salad

+ 55 (63) 98141–3438 🤘

@rio_azuis_restaurante O





Dianópolis is consolidating itself as a geoeconomic hub, driven by the development of agriculture and livestock, which are the basis of the region's economic sector. Its cuisine is full of authentic stories and flavors, reflecting the farm's tradition. In addition, tourism in the region is graced by fantastic landscapes sculpted by nature, both on land and in water. Dianópolis offers a variety of itineraries, from mystical adventures, religious and cultural experiences, taking into account different tastes of ecotourism enthusiasts.

CONVENIENCE AND SNACK BAR

CONVENIÊNCIA Serra geral

Address:

Rod. TO 040 km 342,5, town of Dianópolis -State of Tocantins - Brazil

Opening Day/Hours:

Monday-Sunday 6am to 10pm

Small hotel breakfast: request local menu

+ 55 (63) 99139-2279
 @convenienciaserrageral1





RESTAURANT AND STEAKHOUSE

CHURRASCARIA PEDACINHO DE AMOR

Address:

Rua Jaime Pontes nº376, town of Dianópolis -State of Tocantins - Brazil

Opening Day/Hours:

Monday - Saturday 11am to 1:30pm

Buffet with barbecue: request local menu



+ 55 (63) 9239-7447 🖑 @churrascariapedacinhodeamor 🧿

BURGER

GARAGE 611

Address:

Rua Jaime Pontes nº136, town of Dianópolis -State of Tocantins - Brazil

Opening Day/Hours:

Thursday - Tuesday 6:30 pm to 11 pm

pecialt

D20 and Maverick snack: Request local menu

+ 55 (63) 99201-6907

@garage611hamburgueria





RESTAURANT AND PIZZA SHOP

LA BOCA

Address:

Rua João Rodrigues nº480, town of Dianópolis -State of Tocantins- Brazil

Opening Day/Hours: Sunday – Friday 11:30 am to 1:30 pm 6:00 pm to 11:00 pm

self service Buffet



+ 55 (63) 99288-6757 🖑 @labocapizzaria_ 🙆

BARBECUE SKEWER

JANTINHA DA Aurora

Address:

Av. Goiás s/nº Setor Novo Horizonte, town of Dianópolis - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Saturday 6:30 pm to 11 pm

Specialty

Traditional dinner: request local menu

🖑 + 55 (63) 99273–5854

💿 @jantinhadaauroradno





FAST FOOD SANDWICH SHOP

SUPREMO SABOR

Address:

Delivery service, town of Dianópolis - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Wednesday 4pm to 9pm Sunday 7pm to 10pm

Bread-based sandwich with varied fillings: Supreme sun-dried meat and Supreme chicken and bacon

> + 55 (63) 9202-9160 V @supemosabor10 0



Du Chef

GASTROBAR

ESCONDERIJO BAR

Address:

Av. Goiás s/nº Setor Novo Horizonte, town of Dianópolis - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Saturday 6pm to 11pm

Specialty

Selection of snacks and drinks : request local menu

🖑 + 55 (63) 99260–3450

@esconderijodrinks





ICE CREAM, AÇAÍ AND HOMEMADE POPSICLES

MARIETTA Sorvetes

Address:

Praça dos Esportes Qd 24 a Setor Cavalcante, town of Dianópolis - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 2pm to 10pm

Special açaí: request local menu

+ 55 (63) 99297-8440 & @marietta_sorvetes @



sabor, é gostos



PIZZA SHOP

CHEF DA FATIA

Address:

Rua Dr. João Rodrigues Leal nº101, town of Dianópolis - State of Tocantins - Brazil

Opening Day/Hours: Monday – Sunday 6pm to 11pm

Specialty

Chef's pizza request ingredient information on website

☞ + 55 (63) 99287-8859
 O @chef_da_fatia





SNACK SHOP AND EXECUTIVE DISH

REQUINTE

Address:

Rua João Rodrigues nº176 (in front of Posto Araújo), town of Dianópolis - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Friday 7am to 6:30pm Saturday 7am to 2:30pm

Executive dish: see local menu



+ 55 (63) 99213-2221 🖑 @requintedno 🧿



GASTRONOMIC ROUTES TOCANTINS

FLAVORS OF THE ARAGUAIA VALLEY





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Town of Paráso "Chambari Route"

We invite you to delight the classic and contemporary chambari (typical dish of the region with slow-cooked meat), carefully prepared by talented cooks from our town. Along the way, you will have the chance to try family recipes that refer to the roots of our culture and creative reinterpretations that promise to surprise your taste buds.

In addition to tasting these culinary wonders, you will have the pleasure of enjoying a welcoming atmosphere and diving in the fascinating story behind this very special dish.

COFFEE SHOP WITH HOMEMADE FOOD

ATELIER Do Sabor

Address: Rua Voluntários da Pátria nº477 , town of Paraíso do Tocantins - State of Tocantins - Brazil

> **Opening Day/Hours:** Monday - Saturday 7am to 6pm

Spec

Couscous with chambari: steamed cornflakes with cooked and shredded chambari (ossobuco beef)

+ 55 (63) 3361–2685 🤘

@atelierdo_sabor2 O



FOODTRUCK WITH TYPICAL FOOD

CHAMBARI Do Piauí

Address:

Feira Coberta Municipal, town of Paraíso do Tocantins - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 7am to 5pm

Specialty

Piauí-style Chambari: ossobuco beef cut stewed with cooked cassava

𝔤 + 55 (63) 98442-2918
 O @chambari_do_piaui1





PAMONHA SHOP

PAMONHARIA DA Hora

Address:

Rua 13 de Maio, Qd 44 lt 2B, town of Paraíso do Tocantins - State of Tocantins - Brazil

> **Opening Day/Hours:** Monday – Saturday 2:30 pm to 8:00 pm

Chambari tamale: green corn dough with cooked and shredded chambari (ossobuco beef)

+ 55 (63) 984145-8979 🤘

@pamonha.dahora O



FOODTRUCK WITH TYPICAL FOOD

O REI DO CHAMBARI E MOCOTÓ

Address:

Rua 07 de Stembro s/n área pública municipal, town of Paraíso do Tocantins - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Saturday 6:30am to 12pm

pecialty

Traditional Chambari: ossobuco beef cut stewed with cooked cassava

😪 + 55 (63) 9976-9366 💿 @rei.dochambari





HOMEMADE BAKERY

PANIFICADORA ART Massas

Address:

Av.Bernardo Sayão nº1533, town of Paraíso do Tocantins - State of Tocantins - Brazil

Opening Day/Hours:

Monday – Friday 6am to 10pm Saturday and Sunday Special hours

Quichart – chambari quiche: baked dough made from wheat flour with a filling of cooked and shredded chambari (ossobuco beef) and mozzarella cheese

+ 55 (63) 3602–4750 🤘

@panificadoraartmassas



HOMEMADE BURGER RESTAURANT

CHURRAS BURGUER

Address:

Av. Transbrasiliana Posto Eldorado III, town of Paraíso do Tocantins - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 6:30 pm to 11 pm

pecialt

Chambas burger: brioche bread, cooked and shredded ossobuco beef, mozzarella cheese, lettuce and tomato

+ 55 (63) 98451-2828
@churrasburguerpso





BARBECUE BUFFET

CHURRASCARIA INTERLAGOS

Address:

Rua L16 nº 645 Interlagos, town of Paraíso do Tocantins - State of Tocantins - Brazil

Opening Day/Hours: Served every Thursday 10:30am to 2:30pm

peci

Chambari (ossobuco beef) with cassava sauce

+ 55 (63) 3602-6226 🤘

@churrascariainterlagospso 🖸





PIZZA SHOP AND RESTAURANT

PARAISO Da Pizza

Address:

Av.Bernardo Sayão nº359, town of Paraíso do Tocantins - State of Tocantins - Brazil

Opening Day/Hours:

Thursday-Tuesday 5pm to midnight

Specialty

Chambari risotto: arboreal rice, cooked and shredded ossobuco beef, cream and parmesan cheese

🖑 + 55 (63) 99211–8824

Oparaisodapizza.pso





BARBECUE BUFFET

CHURRASCARIA Portal do cantão

Address:

Av. B nº101 Milena, town of Paraíso do Tocantins - State of Tocantins - Brazil

Opening Day/Hours: Served every Wednesday 10:45am to 2:30pm

Chambari in sauce with cassava: ossobuco Beef cooked cassava



+ 55 (63) 3602-4195 V @churrascariaportaldocantao 0

CONVENIENCE STORE AND SNACK BAR

GUARDIÃO Conveniência

Address:

Av. Transbrasiliana, Posto Paraíso, nº961, town of Paraíso do Tocantins - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 7am to 10pm

Specialt

Chambari pie: savory baked dough made from wheat flour with a filling of cooked and shredded chambari (ossobuco beef) and mozzarella cheese

🖑 🛛 + 55 (63) 3602–6000

🖸 @guardiaoapp





BARBECUE BUFFET

REQUINTTE RESTAURANTE

Address:

Av. Bernardo Sayão nº1465 centro, town of Paraíso do Tocantins - State of Tocantins - Brazil

Opening Day/Hours:

Served every Monday 10:30am to 2pm

Traditional Chambari with cassava: ossobuco beef cut stewed with cooked cassava

+ 55 (63) 9263-3813 🤘

@requintte.pso 🧿



CONVENIENCE STORE AND SNACK BAR

CONVENIÊNCIA MILENA

Address:

Av. Transbrasiliana, Posto Milena, s/nº setor Milena, town of Paraíso do Tocantins - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 7am to 10pm

pecialty

Chambari with mashed potatoes: Boiled ossobuco beef and mashed potatoes

+ 55 (63) 99238-7727
@conveniencia_milena





FOODTRUCK WITH TYPICAL FOOD

CHAMBARI Do Pedrinho

Address:

Rua 110 nº100 Interlagos, town of Paraíso do Tocantins - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Friday 6:30am to 2pm

Traditional Chambari with pirão: ossobuco beef stew with cooked cassava and pirão (cassava flour stew with meat broth).

+ 55 (63) 98461–2360 🧏

@chambaridopedrinho O



BROTH DELIVERY

CALDELICIA

Address: Delivery only

Opening Day/Hours: Monday - Sunday 6pm to 2am

Specialty

Chambari broth: Shredded cooked ossobuco beef cut, blended with cooked cassava, corn and hot pepper

😽 + 55 (63) 99108–7980 –

Ocaldelicia_pso







Pium is a charming town located at the entrance to the State Park of Cantão, where you will find a real celebration of local culinary delights. In this picturesque setting, the dishes are prepared with fresh ingredients and a pinch of affective memories, resulting in a truly incredible gastronomic experience.

HOMEMADE SELF-SERVICE BUFFET

NOVA OPÇÃO Restaurant

Address:

Rua Agrário José dos Santos nº363, town of Pium – State of Tocantins – Brazil

> **Opening Day/Hours:** Monday - Saturday 11am to 1:30pm

Specia

Homemade self-service buffet cuisine



@nova.opcaorestaurante O



HOMEMADE SELF-SERVICE BUFFET

DELÍCIAS Da tereza

Address:

Alameda 6, centro de eventos, town of Pium -State of Tocantins - Brazil

Opening Day/Hours:

Monday - Saturday llam to llpm

Specialty

Tereza's Stroganoff: Cubes of chicken fillet with cream, tomato sauce, straw potatoes and rice

🖑 + 55 (63) 98416–9569

@temperodatereza.pium





BAKERY

PANIFICADORA Sonho Real

Address:

A. Diogernes de Brito s/n, town of Pium - State of Tocantins - Brazil

> **Opening Day/Hours:** Monday - Saturday 6am to 6pm

Special

Typical Tocantins breakfast: request local menu

+ 55 (63) 98437-1345 🖑 @churrascaria.brasil.forte 💿



PIZZA SHOP

FATIA DOS Sonhos

Address:

Rua 2 s/n centro, town of Pium - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 5pm to 11pm

Specialty

Fashionable pizza: wheat flour-based dough, Calabrian sausage, mozzarella, cheese and onion

🖑 + 55 (63) 98423–4900

@fatiadossonhos.pium





HOMEMADE SELF-SERVICE BUFFET

RESTAURANTE Sal da terra

Address: Rua 12 nº12 , town of Pium – State of Tocantins – Brazil

> **Opening Day/Hours:** Monday- Saturday 11am to 3pm

+ 55 (63) 99224-9415 🤘

@restaurante.saldaterrapium 0

Homemade self-service buffet cuisine



BAR WITH BARBECUE SKEWER

ESPETINHO DA Gleyce

Address:

Rua Diona Ana nº 1, lt 09, town of Pium – State of Tocantins – Brazil

Opening Day/Hours:

Tuesday - Sunday 5pm to 11pm

Specialta

barbecue skewer with side dishes: barbecued beef cubes, cooked cassava, tomato and onion vinaigrette and rice

🖑 + 55 (63) 98460–9253

@espetinhodagleyce





HAMBURGER SHOP

MAYCON Lanches

Address:

Rua Paulo Coutinho, s/n centro, town of Pium – State of Tocantins – Brazil

> **Opening Day/Hours:** Wednesday- Monday 5pm to midnight

pec

X new: hamburger bun, grilled beef burger, bacon, egg, lettuce, tomato, straw potatoes

+ 55 (63) 98519-0103 🤘

@mayckon_lanchesp1 0



RESTAURANT

CHURRASCARIA BRASIL FORTE

Address:

A. Diogernes de Brito s/n, town of Pium - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Saturday 11am to 3pm

Specialty

Homemade self-service buffet with barbecue

└ + 55 (63) 98437−1345

© @churrascaria.brasil.forte



BAR SPECIALIZED IN BROTHS

BAR TUBURUCAN

Address:

Rua Trajano Coelho Neto s/n, town of Pium -State of Tocantins - Brazil

> **Opening Day/Hours:** Tuesday - Sunday 11am to midnight

Specie

Chambari broth: Shredded cooked ossobuco beef stew, blended with cooked cassava and chili pepper

> + 55 (63) 99294-1708 🖑 @bar.tuburucan 🞯



Town of Jagoa da Confusão

It is a charming tourist destination for nature lovers. When visiting the town of Lagoa da Confusão, you will have the opportunity to appreciate the lush nature all around, with its stunning landscapes and the tranquility provided by the lake. And for lovers of good cuisine, enjoy a fresh fish on the edge of the lake is a true culinary spectacle.

PUB

HORIZONTE PERDIDO BAR

Address:

Av.Vitorino Panta s/n center, Town of Lagoa da Confusão - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Saturday 17:30 to 00:00

pecialty

Tilapia ceviche: cubes of fish marinated in lemon and sliced onions

🖑 + 55 (63) 99266-4731

@ilha.horizonteperdido





STEAKHOUSE WITH BUFFET

CHURRASCARIA Da Pedra

Address:

Av. Vitorino Panta qd 63 lt 09 center, Town of Lagoa da Confusão - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 10am to 3pm

Homemade self-service buffet with barbecue

+ 55 (63) 63 992141528 🤘

@churrascariadapedra 🖸



RESTAURANT AND BAR

PONTO Do Peixe

Address:

Bosque da lagoa s/n, Town of Lagoa da Confusão - State of Tocantins - Brazil

Opening Day/Hours:

Wednesday-Sunday 10am to 10pm

Specialty

Fried fish: fish deep-fried deep-fried in vegetable oil, rice, tomato and

🖑 + 55 (63) 99209–3571

🗿 @naldozw1





BUFFET SELF SERVICE

DIVINA FLOR RESTAURANTE

Address:

Rua 11, nº11, Portal do cerrado, Town of Lagoa da Confusão - State of Tocantins - Brazil

> **Opening Day/Hours:** Monday- Saturday 11am to 3pm

Specia

Feijoada: Black beans cooked with pork, beef, Calabrian pork sausage, chili pepper. Served with rice and cassava flour

+ 55 (63) 99106-2631 🤘

@divinaflorrestaurante O



SNACK BAR AND ICE CREAM SHOP

JD DELÍCIAS

Address:

Av. da Orla s/n, Lagoa da Confusão -TO

Opening Day/Hours: Monday - Sunday 1pm to 8pm

peci

Chicken "Coxinha" with catupiry: wheat flour-based dough stuffed with cooked and shredded chicken fillet fried in vegetable oil

🖑 + 55 (63) 98133–0555

odionispinheiro





PIZZA, PUB AND HAMBURGER SHOP

VILA MADA Gastrobar

Address:

Av. Vicente Barbosa nº1136, Town of Lagoa da Confusão - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 6:30 pm to midnight

Filet à parmigiana: Beef cut, breaded in wheat flour, fried in vegetable oil, topped with homemade tomato sauce and mozzarella cheese

> + 55 (63) 99216-3721 & @vilamadagastrobar @



RESTAURANT

RESTAURANTE Ponto certo

Address:

Av. Vitorino Panta s/n, Lagoa da Confusão -TO

Opening Day/Hours: Monday - Sun 11am to 2pm; 6pm to 10pm

pecia

Traditional Chambari with cassava: ossobuco cut stewed with cooked cassava

🖑 🛛 + 55 (63) 9240–4454

@restaurante.pontocerto_lagoa





SNACK BAR AND PASTRY SHOP

PASTELARIA JACARÉ

Address: Av. da Orla s/n, Lagoa da Confusão -TO

> **Opening Day/Hours:** Tuesday - Sunday 1pm to 10pm

Specia

Savory fried pastry stuffed with ground beef and deep-fried in vegetable oil

+ 55 (63) 99203-3191 😪

@pastelaria.jacare O



BAR AND RESTAURANT

BAR E RESTAURANTE Da Boa

Address: Bosque da Lagoa s/n, Lagoa da Confusão -TO

Opening Day/Hours: Monday - Sun 7am to 10pm

Specialty

Fried fish: fish deep-fried in vegetable oil, rice, tomato and onion vinaigrette

└ + 55 (63) 991015025

@restaurantetonabeira







FLAVORS OF MIDDLE NORTH





Sumary

Town of Pedro Afonso

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own of

Located in the heart of Brazil, between the Tocantins and Sono rivers, the town of Pedro Afonso, founded in 1847, it is a true gastronomic treasure. In addition to being a strong economic hub, it also offers a variety of tourist attractions that make the town a true jewel for lovers of cuisine and ecotourism.

The paradisiacal scenery of beaches, such as Rio Sono, Ilha do Tocantins and Praia do Duga, which form on the banks of the Tocantins and Sono rivers, are just some of the wonders that Pedro Afonso has to offer. These enchanting locations make the town one of the top destinations for tourist itineraries and ecotourism adventures in the state of Tocantins.

As you walk through the historic streets of Pedro Afonso, you will be captivated not only for the beauty of the place, but also for the rich local cuisine. Authentic flavors and traditional dishes from the region will delight your taste buds. Furthermore, the warm and welcoming hospitality of the people of Pedro Afonso will make you feel at home.

VAQUEJADA PARK, BAR AND CLUB

PARQUE DE VAQUEJADA SB

Address:

Rua 15 de Novembro nº 815, town of Pedro Afonso - State of Tocantins - Brazil

Opening Day/Hours:

Tuesday-Friday 10am to 9pm Saturday-Sunday 9am to 8pm

+pecial

Fish moqueca with shrimp: Fish stew with shrimp, coconut milk, palm oil and hot pepper, rice, bacon and banana farofa, tomato and onion vinaigrette, cassava flour with fish broth

+55 (63)99220-7816 🤘

@parquedevaquejadasb



HEALTHY CAKE DELIVERY

DELÍCIAS Da Mary

Address:

Delivery service, town of Pedro Afonso - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Friday 2pm to 6pm

Specialty

Banana cake with oats (zero sugar, zero milk)

@deliciasdamary_20





SWEET SHOP AND COFFEE

CRIS DOCERIA E CAFÉ

Address: Av. João Damasceno de Sá s/nº, town of Pedro Afonso - State of Tocantins - Brazil

> **Opening Day/Hours:** Monday - Saturday 6am to 10pm

Speci

Snacks and sweets: request local menu



+55 (63)9229-9606 & @cris.doceriaecafe O

BAKERY AND COFFEE SHOP

SIMONE BOLO CONFEITARIA

Address:

Rua da Liberdade nº708, town of Pedro Afonso - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Saturday 7:30am to 6pm

Specialty

Fine sweets and desserts - request local menu

₩ +55 (63)98455-8799

O @simone_bolos_e_doces





HOMEMADE FOOD

DELÍCIAS DA LU

Address:

Rua José Brandão Pop Shopping Sala 3, town of Pedro Afonso - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Saturday 11am to 2pm

Executive: Rice, carioca beans in broth, onion-cooked beef steak, garlic and oil pasta, salad of the day with raw vegetables

+55 (63)99221-9479 🤘

@deliciasdalupedroafonso O





RESTAURANT SPECIALIZED IN PASTA

CANTINA ITALIANA

Address:

Praça Coronel Lysias Rodrigues, centro, town of Pedro Afonso - State of Tocantins - Brazil

Opening Day/Hours:

Wednesday-Sunday 6pm 10:30pm

Specialt

Assemble your pasta: Talharim pasta, cooked and shredded beef, fried bacon, grated carrot, parmesan cheese, sugo sauce, white sauce with cream

kg +55 (63)98476–3988

🖸 @canteen698





RESTAURANT

ROTA DO SABOR

Address:

Av. Canavieira nº13 Qd08, town of Pedro Afonso - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Friday 2pm to 11pm Saturday 4pm to 11pm

Stuffed potato: shredded chicken fillet with cream; chicken stroganoff with mozzarella cheese, mashed potatoes, straw potatoes



+55 (63)99131-2527 🖑 @rotadosaborpa 💿

SPECIALIZED IN BARBECUE SKEWERS

ESPETINHO DO NENRINHA

Address:

Av.Pedro Mariano dos Santos nº 891, town of Pedro Afonso - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Saturday 16h to 00h

Specialty

Complete dinner: barbecue skewer, tropeiro beans (cooked beans with chopped bacon, caabrese sausage, cabbage leaf, chili pepper and cassava flour), cooked cassava, tomato and onion vinaigrette

4622 +55 (63)99200-4622

💿 @espetinhodonenrinha





COFFEE SHOP

SANTA PAUSA CAFÉ

Address:

Av.Pedro Mariano dos Santos s/nº, town of Pedro Afonso - State of Tocantins - Brazil

Opening Day/Hours: Monday-Saturday 7:30am to 11am 2pm to 6pm

pec

French bread stuffed with cooked and shredded beef and torched mozzarella cheese and banoffee waffe

+55 (63)99928-8204 🖑 @santapausacafe 🙆



HOMEMADE CAKES

LANCHES Bom Sabor

Address:

Rua 1,nº 105, town of Pedro Afonso – State of Tocantins – Brazil

Opening Day/Hours:

Tuesday - Saturday 5am to 6pm Sunday 5am to 9:30am

pecialt

Rice cake: sweet cake with rice dough - request local menu





ICE CREAM AND AÇAÍ SHOP

SORVETE E AÇAÎ Expresso

Address:

Av.Pedro Mariano dos Santos nº 1158, town of Pedro Afonso - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Saturday 2pm-11:30pm Sunday 3pm-11:30pm

Açaí bowl - request local menu

+55 (63)99973-5741 🤘

@sorvete_acai_expresso O





PUB

QUIOSQUE RIOS

Address:

Praça Antônio de Sousa Aguiar, town of Pedro Afonso - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 5pm to midnight

Specialty

Breaded and fried fish fillets: fish breaded in breadcrumbs fried in vegetable oil with French fries

& +55 (63)981142131

🗿 @quiosquerios





BURGER AND AÇAÍ SHOP

AÇAÍ PRIME

Address:

Av.Numeriano Bezerra de Castro s/nº, town of Pedro Afonso - State of Tocantins - Brazil

Opening Day/Hours:

Monday 5pm to 12am Tuesday-Sunday 2pm to 12am

Lampião and Maria Bonita burger duo: Brioche bun, cooked and shredded beef, artisanal beef burger, breaded onion rings, curd cheese and banana

> +55 (63)99123-1613 🖑 @acaiprime.pa 🖸





GASTRONOMIC ROUTES

FLAVORS OF THE GREAT RIVERS VALLEY





Summary

Town of Araguaína	260
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"Cooking is an act of love, it is a harmony between the real and spiritual world."

Chef. David Mendes - Dom chefe Pizzeria

"It takes a lot of organization, training, dedication. knowledge and love so that, in the end, the five senses give a A standing appland."

Andreia - Pastelaria Pé de cana

"Travel through the flavors of remarkable cuisines. Without leaving Araguána"

Flavia Neiva-La Fontana e Dona Flor restaurante

"The gastronomy of Araguána is a journey of flavors that reveal the richness of our region.

Jotta Nunes - Journalist

"Cooking is bringing people together, it's soothing for the palate and for the soul."

Weverson Miranda - Rancho do Biá

"Gastronomy is a journey of flavors that leads me to awaken memories and connects me to a unique cultural experience. Marta Moraes - Photographer

Town of Araguána

Araguaína is recognized as an important economic and agriculture center in the region, but it goes beyond that. With a diverse and culturally rich population, the city offers a unique gastronomy.

Explore a delicious range of contemporary flavors and regional cuisine, all in pleasant surroundings and with the characteristic hospitality that provides a welcoming atmosphere that combines the charm of a country town with the vibrant energy of a city. Discover the real essence of gastronomy in Araguaína, where each bite is a unique experience, and each meal is a celebration of the senses.

CONTEMPORARY RESTAURANT

DONA FLOR Cozinha bar

Address:

Av. Filadélfia nº3665, town of Araguaína – State of Tocantins – Brazil

Opening Day/Hours:

Monday-Friday 6pm to midnight Different hours on weekends

Dona Flor: chambari beef (ossobuco cut) with demi glace, rice puree and tropical farofa made from cassava flour with Brazil nuts

+ 55 (63) 98472-6428 😪

@donaflorcozinhabar O





BAKERY AND MEETING SPACE

CAFETERIA La Na Cris

Address:

Praça da Vila Aliança nº, town of Araguaína -State of Tocantins - Brazil

Opening Day/Hours:

Monday-Friday 7:30am to 7pm

Specialty

Gourmet homemade breakfast

4 + 55 (63) 9211–5822

@lanacriscafeteria_





RESTAURANT, PIZZA SHOP AND EVENT SPACE

LA FONTANA

Address:

Rua Aparecida nº293, B. São João, town of Araguaína - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 5:30 pm to midnight

Homemade Shrimp pan with potatoes straw



+ 55 (63) 92222-3524 😪 @lafontana.to 🙆

HOMEMADE GOURMET PIZZA SHOP

DOM CHEF Pizzeria

Address:

Av. Jacaratias nº154 B.Araguaína sul, town of Araguaína - State of Tocantins - Brazil

Opening Day/Hours:

Tuesday-Sunday 6pm to 11pm

Specialty

Spanish pizza: pizza dough made with wheat flour, parma ham, mushrooms, and basil pesto

🖑 🛛 + 55 (63) 98857–2250

@domchefpizzeria





RESTAURANT AND BAR

RANCHO IPÊ

Address:

Rua 42 s/n qd 28 lt 35 B.Jardim ypê, town of Araguaína - State of Tocantins - Brazil

Opening Day/Hours:

Tuesday-Friday 6pm to 11pm Different hours on weekends

Picanha do rancho: grilled beef cut, cooked cassava, tropeiro beans (cooked beans, with bacon, Calabrian pork sausage, chopped cabbage, chili pepper and cassava flour), rice and tomato and onion vinaigrette

> + 55 (63) 99123-1747 & @rancho_ipe_bar ©



RESTAURANT AND SNACK BAR

RANCHO MINEIRO

Address:

Rua Ademar Vicente Ferreira nº1112,town of Araguaína - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Saturday 11am to 11pm

Specialty

Garland of sun-dried meat: pizza dough with sun-dried meat, french fries and bacon

🖑 + 55 (63) 3412–7000

@ranchomineiroaraguaina





JAPANESE RESTAURANT

HANZAKI

Address:

Av. José de Brito nº926, B Anhanguera, town of Araguaína - State of Tocantins - Brazil

> **Opening Day/Hours:** Tuesday-Sunday 5pm to 11pm

House combinations: request local menu

+ 55 (63) 99260-0874 😪 @hanzakiaraguaina 🙆



COFFEE AND PASTRY SHOP

PÉ DE CANA PASTELARIA

Address:

Rua Tiradentes nº746 B.São João, town of Araguaína - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Friday 2:30pm to 9pm

Specia

Pastel (savory fried pastry) served with sugarcane juice: wheat flour dough fried in vegetable oil with a filling of ground beef, mozzarella cheese, and sliced onions. Served with sugarcane juice

🖑 + 55 (63) 99281–3034

O @pedecana_pastelaria





HOTEL AND RESTAURANT

BRII Restaurante

Address:

Av.Bernardo Sayão nº600 B.setor oeste, town of Araguaína - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Friday 11am to 2:30pm and 7pm to 11pm Different hours on weekends

Salmon with black rice and cassava puree



+ 55 (63) 99228-3580 & @briirestaurante_ 0 STEAKHOUSE AND SNACK BAR

LAZER CHURRASCARIA E LANCHONETE

Address:

Rua 25 de dezembro nº172, B.centro, town of Araguaína - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Friday 7am-5:30pm Saturday 7am-2:30pm

pecia

Homemade Cupim cutroasted on the grill

└ + 55 (63) 3421-4234

Olazerchurrascaria_lanchonete





STEAKHOUSE

CHURRASCARIA Galpão

Address:

Rua do gaúcho nº 107 B.centro, town of Araguaína - State of Tocantins - Brazil

> **Opening Day/Hours:** Monday-Sunday 11am to 2:30pm

Special

Homemade buffet with cuts of meat roasted over barbecue coals

+55 (63) 99136-1714 & @churrascariagalpao @





SMALL HOTEL WITH RESTAURANT AND NATURAL SWIMMING AREA

RESORT RECANTO Do sossego

Address:

Rod.TO 223 zona rurral, town of Araguaína -State of Tocantins - Brazil

Opening Day/Hours:

Thursday-Sunday 9am to 6pm

Specialty

Sussego-style fish: fish in sauce with coconut milk, chili, rice and pirão (cassava flour stew with fish broth)

😓 + 55 (63) 99244-3391

© @resortrecantodosossego





RESTAURANT AND BAR

CABOCO DO Sertão

Address:

Av.Filadélfia nº 1360 B.Jardim esplanado, town of Araguaína - State of Tocantins - Brazil

Opening Day/Hours: Tuesday-Sunday 11am to 2pm and 6pm to 11pm

Speci

Sun-dried in cream: grilled beef sun-dried with cream

+ 55 (63) 99274-2634 & @cabocodosertao_aux 0



COFFEE SHOP, SNACK BAR AND BUFFET FOR EVENTS

CAFÉ DOM LUCAS

Address:

Rua Alfredo Nascer nº16 B.centro, town of Araguaína - State of Tocantins - Brazil

Opening Day/Hours:

Monday to Saturday 6am to 11am and 2pm to 6pm Sunday 6am to 11am

Typical Tocantins breakfast - request local menu

🖑 🛛 + 55 (63) 9251–2051

🗿 @cafedomlucas





EMPÓRIO MARIA

Address: Av. Marginal nebrina nº795, town of Araguaína -State of Tocantins – Brazil

> **Opening Day/Hours:** Monday-Sunday 10am to 11pm

Specialt

EMPORIUM RESTAURANT

Risotto from the cerrado: rice, pork picanha, pork sausage, rice, pequi, pepper and tomato

> + 55 (63) 99247-5442 🤘 @empmaria 🗿



PIZZA SHOP, RESTAURANT AND EVENT SPACE

VIA FILADÉLFIA

Address:

Av.Filadélfia sala 1/2 , town of Araguaína - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Sunday 5pm to 00:30am

Specialty

Tocantins pizza: wheat flour-based pizza dough, shredded beef, cream cheese, mozzarella cheese

& + 55 (63) 3421–2010

Oviafiladelfiaoficial





STEAK HOUSE

RANCHO Do Biá

Address:

Marginal lago Qd 112 lt 17 B. Residencial lago sul, town of Araguaína - State of Tocantins - Brazil

Opening Day/Hours:

Tuesday-Sunday 6pm to 1am

pece

Pork ribs and barbecue sauce: barbecued pork with barbecue sauce



+ 55 (63) 9126-7626 😵 @ranchodobia 🙆

PARÁ CUISINE

ITAKI FOODS

Address: Av.Filadélfia s/n, town of Araguaína – State of Tocantins – Brazil

Opening Day/Hours: Monday- Sunday 4pm to 11pm

Specialty

Açai from Pará with options side dishes: sun-dried meat, shrimp, fried fish and pepperoni

🖑 + 55 (63) 3321–4450

🗿 @itakioficial





GOURMET HOMEMADE SWEETS

DOCE Da tay

Address:

Rua Bela Cecilía nº57,B noroeste, town of Araguaína - State of Tocantins - Brazil

> **Opening Day/Hours:** Monday-Sunday 11am to 10pm

Homemade gourmet DinDins: ice cream in plastic packaging with regional fruit flavors

> + 55 (63) 99267-9557 🖑 @docetay2022 🧿





RESTAURANT AND TOURIST ATTRACTION

BARÃO RÚSTICO

Address:

Povoado Pilões zona rural, town of Araguaína -State of Tocantins - Brazil

Opening Day/Hours:

Wednesday - Sunday 9am to 5:30pm

Free-range chicken: stewed chicken, served with rice and pirão (cassava flour stew and chicken broth)

🖑 + 55 (63) 9287–4009

💿 @baraorustico





Town of Babaçırlandia

A charming town, known for its simple welcoming. With its quiet streets and stunning natural landscapes, this town offers visitors an authentic experience of the interior of Tocantins. It is also enchanted by its famous cuisine, which reflects hospitality and charisma of its people. Here, local traditions and family recipes are preserved and transmitted from generation to generation, creating a unique gastronomy legacy. As you explore the city's restaurants, you will have the opportunity to taste delicious dishes that represent the culture richness of the region. Prepare to be captivated by the irresistible combination of authentic flavors and warm hospitality.

RESTAURANT BAR

EMPÓRIO DO LAGO Bar e restaurante

Address: of Babaculândia - State of

Orla beira Lago, town of Babaçulândia - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Sunday 9am to 8pm

Specia

Fish escabech with prawns: fish stew with prawns, coconut milk, palm oil, pepper, rice and pirão (cassava flour stew with fish broth)

+ 55 (63) 99204–7783 🧏

@emporiodolagooficial O



RESTAURANT BAR

RESTAURANTE LAGO AZUL

Address:

Orla beira Lago, town of Babaçulândia - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Sunday 08am to midnight

Specialty

Blue lake fish: fish deep-fried in vegetable oil, rice, cassava flour flour and onion and tomato vinaigrette

🖑 + 55 (63) 99239–8082

🗿 @rest.lagoazul





SNACK BAR AND PIZZA SHOP

4K PIZZARIA

Address:

Rua Getúlio Vargas nº603 centro, town of Babaçulândia - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 6am to 10pm

Pizzas and breakfast snacks: request local menu



+ 55 (63) 98512–1590 🖑 @restaurant.4k_ 🧿 SMALL HOTEL RESTAURANT AND TOURIST ATTRACTION

RECANTO DO LAGO

Address:

Chacára Manoel Messias zona rura TO 010, town of Babaçulândia - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Sunday 8am to 8pm

Specialty

House style fish : fish deep-fried in vegetable oil, rice, cassava flour flour and onion and tomato vinaigrette

🖑 +55 (63) 99288–7427

💿 @recantodolag





AÇAI, ICE CREAM AND BROTHS

ESTAÇÃO DO GUARANÁ

Address:

Rua Getúlio Vargas nº1065 centro, town of Babaçulândia - State of Tocantins - Brazil

Opening Day/Hours: Monday - Sunday 8am to 11am and 2pm to 10pm

Special

Açaí boat with fruits: request local menu



+ 55 (63) 98469-7262 🤘 @est.guarana 💿

Town of Filadelfia

Stunning town that harmonizes a peaceful atmosphere with a lush natural landscape. This city enchants visitors who seek peace and connection with nature. If you are in search of a unique gastronomic experience; Filadélfia is perfect for you. Here, you can enjoy delightful moments by the Tocantins River, while enjoying authentic flavors of region. Get ready to taste incredible dishes and enjoy a serene atmosphere while living in an unforgettable gastronomy experience.

RIVERFRONT RESTAURANT AND BAR

BARRAÇA DA Conceição

Address:

Praia de Filadélfia, town of Filadélfia - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Sunday 9am to 8pm

pecía

Bere-style fish: deep-fried fish in vegetable oil, rice, cassava flour flour and onion and tomato vinaigrette

+ 55 (63) 99233-6278
@cruzconceicao095





RIVERFRONT RESTAURANT AND BAR

BARRACA RIO Sampa

Address: Praia de Filadélfia, town of Filadélfia – State of Tocantins – Brazil

> **Opening Day/Hours:** Monday-Sunday 9am to 8pm

Speci

Bere-style fish: deep-fried fish in vegetable oil, rice, cassava flour flour and onion and tomato vinaigrette

> + 55 (63) 99233-6278 🖑 @cruzconceicao095 🙆





GASTRONOMIC ROUTES

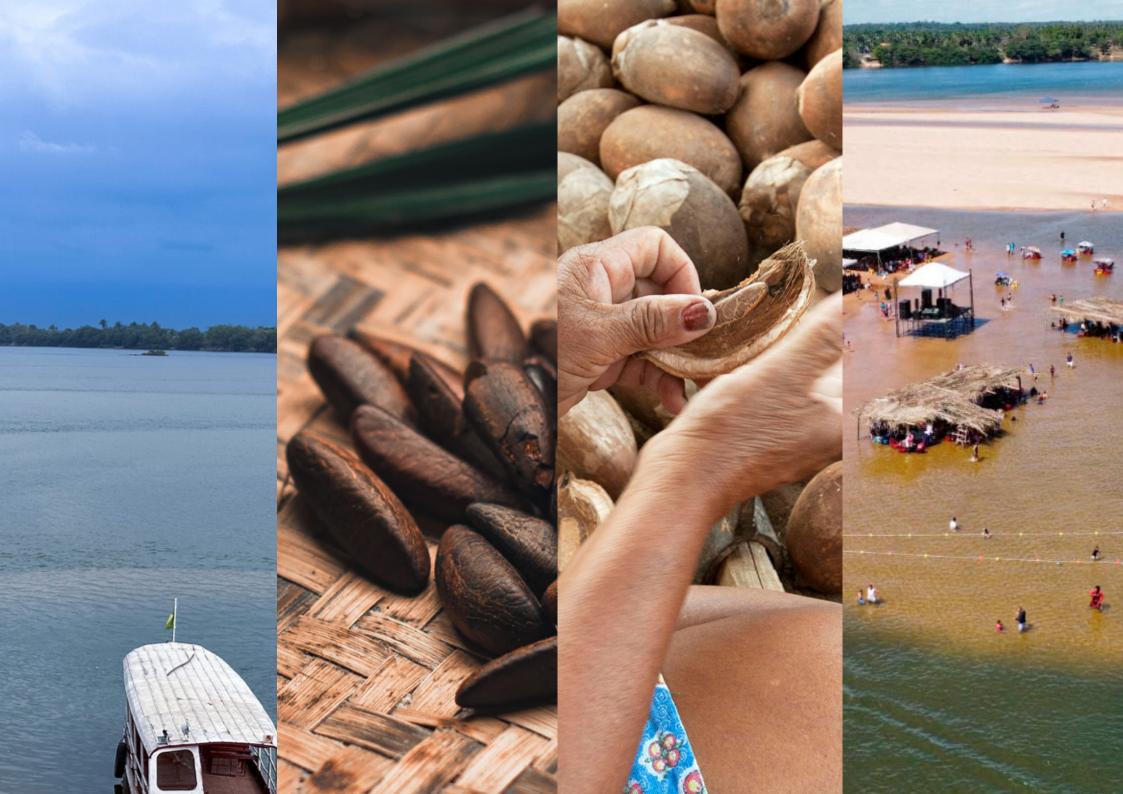
FLAVORS OF "BICO DO PAPAGAIO"





Summary

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Town of Agniarnopolis

Seeking to value typical ingredients from the cerrado and Amazon rainforest, the experiences in Aguiarnópolis deliver flavors and regionality; flavors that recall the gastronomic roots of its people. Passing through the town of Aguiarnópolis, live this experience.

RESTAURANT WITH HOMEMADE FOOD

BARRACA DA Guiomar

Address:

Av. Transamazônica Km 02, town of Arguiarnópolis - State of Tocantins - Brazil

Opening Day/Hours: Monday - Sunday 7am to 4pm / 5:30pm to 11pm

pecía

Regional homemade cuisine: request local menu

> + 55 (99) 9 9195–1141 🦞 @barracadaguiomar 🧿



CONVENIENCE SHOP AND BAR

DEUSA Conveniência

Address:

Av. Transamazônica km 0 , town of Arguiarnópolis - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Sunday 7am to 11pm

Specialty

barbecue skewer with side dishes: barbecued beef cubes, cooked cassava, tomato and onion vinaigrette

@deusa_conveniencia





RESTAURANT WITH HOMEMADE FOOD

D' CASA Restaurante

Address:

Av Transamazônica n º04, town of Arguiarnópolis - State of Tocantins - Brazil

Opening Day/Hours: <u>Monday -</u> Saturday 10:30 am to 2:30 pm

Speci

Regional homemade cuisine:request local menu

+ 55 (63) 9 9164–9411 😪

@dcasarestauranteto O



COFFEE SHOP

LANCHONETE DA LEIDE

Address:

Rua Amazonas s/n Praça do estudante , town of Arguiarnópolis - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 7am to 10pm

Specialty

Tocantins breakfast: request local menu

𝔤 + 55 (63) 9 9266-7667
 ◎ @lanchonetedaleidi





STEAKHOUSE AND SNACK BAR

CHURRASCARIA E LANCHONETE TRANSBR

Address:

Av. Transamazônica , town of Arguiarnópolis – State of Tocantins – Brazil

Opening Day/Hours: Monday – Sunday 11am to 2pm/ 6pm to 10pm

Specia

Buffet with barbecue: request local menu



+ 55 (63) 9 99241-7553 & @churrascariatransbr



Welcome to a unique riverside dining experience by the Tocantins River, in the charming town of São Sebastião. Get ready to discover the culinary secrets of Tocantins' delicious cuisine, which brings the essence and roots of its people. On this journey of flavors, delve into stories and knowledge that are a true feast for the palate. We invite you to embark with us on this unforgettable gastronomic adventure!

BAR AND RESTAURANT

BERADEIRO Gastrobar

Address:

Av. Imperatiz s/n , town of São Sebastião - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Saturday 6pm to 11pm

Specialty

Fried fish: fish deep-fried in vegetable oil, rice, tomato and onion vinaigrette

😽 + 55 (63) 9 9982–7017

@beradeirogastrobar





RESTAURANT

RESTAURANTE E PEIXARIA DA DEUSA

Address:

Av. Tocantins Orla da cidade, town of São Sebastião - State of Tocantins - Brazil

Opening Day/Hours:

Monday – Sunday 11am to 2pm

pece

Fish stew: fish in sauce with coconut milk, peppers and tomatoes, rice

+ 55 (63) 9 9969–9771 🤘

@restaurantadeuza 🧿





RESTAURANT

PALADARE RESTAURANTE

Address:

Feira Municipal João Pardinho, town of São Sebastião - State of Tocantins - Brazil

Opening Day/Hours:

Monday – Sunday 10am to 1pm

Specialty

Regional homemade cuisine:request local menu

😓 + 55 (63) 9 9959–7754

© @paladaresrestaurante





BAR AND RESTAURANT

ARENA BAR E RESTAURANTE

Address:

Av. Florentina nº980, town of São Sebastião -State of Tocantins - Brazil

Opening Day/Hours:

Monday - Saturday 6pm to midnight

Special

barbecue Skewer with side dishes: barbecued beef cubes, cooked cassava, tomato and onion vinaigrette

+ 55 (63) 9 950-6539 🤘

@arenas_bar12 O



Town of Tocantinopolis

Enter the imposing and stunning babaçu palm forests and discover a true gastronomic treasure: Tocantinópolis. This charming town is famous for preserving the culinary traditions of the region, bringing the authenticity and regionalization in each dish. Each delicacy is carefully prepared with fresh and local ingredients, resulting in flavors genuine and irresistible. Every bite is a journey into the heart of Tocantins, a flavor experience that delights the eyes and sharpens the senses. Come explore this land of delights and immerse yourself in a unique and memorable gastronomic experience!

açaí and sank bar

VILA PRIME CAFÉ AÇAÍ FOOD

Address:

Av.Nossa Senhora Fátima nº1735, town of Tocantinópolis - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Sunday 11am to 11pm

pecialta

Açaí bowl: see local menu

🖑 + 55 (63) 9 9251–7579

🧿 @villaprime





BAKERY AND CONFECTIONERY

PADARIA NETÃO

Address: Av.Nossa Senhora Fátima nº976, town of Tocantinópolis - State of Tocantins - Brazil

> **Opening Day/Hours:** Monday-Sunday 6:30am to 7:30pm

peci

Regional breakfast: request local menu



+ 55 (63) 3471–1180 🧏

@padarianetao

PASTA AND BROTH RESTAURANT

FINO SABOR

Address:

Av. Beira rio s/n, ,town of Tocantinópolis - State of Tocantins - Brazil

Opening Day/Hours:

Wednesday - Monday 7pm to 10pm

Specialty

Creamy Thalharim: talharim pasta, tomato sauce, cream, green corn, ham, peas, and mozzarella cheese

4 + 55 (63) 9 9123–1921

@fino_sabor_por_ariane







RESTAURANT AND CONVENIENCE SHOP

BABAÇU MANIA

Address:

Av.Pedro Ludvico s/n, town of Tocantinópolis -State of Tocantins - Brazil

Opening Day/Hours:

Monday-Sunday 6am to midnight

Pirarucu do cerrado: Grilled pirarucu fish in babassu oil (regional coconut) with capers, rice, cassava flour farofa

+ 55 (63) 9 9268-6927 V @postopetronorteebabacumania 0



Town of Araguatins

"Close your eyes and embark on a journey through the stunning beauty of the Araguaia River, while tasting emblematic and tasty dishes. In Araguatins, the charming town on the banks by the river, you will be treated to a breathtaking sunset. Walk through its picturesque streets, talk to its welcoming population, and immerse yourself in the essence of the interior, savoring its authentic dishes. Get ready for a gastronomic experience that will awaken all your senses and lead you to discover the charms of this region. Araguatins is the perfect destination to experience the magic of interior lifestyle and savor its delicacies."

BAKERY AND CONFECTIONERY

PONTO Do pão

Address:

Rua Nero Macedo nº338, town of Araguatins -State of Tocantins - Brazil

Opening Day/Hours:

Monday - Saturday 6am to 7pm Sunday 6am to 11am

Regional breakfast: request local menu

+ 55 (63) 9 9220-2090
 @pontodopao_padaria





BAKERY AND CONFECTIONERY

PANIFICADORA Pão de ouro

Address:

Rua Bartolomeu Bueno nº470, town of Araguatins - State of Tocantins - Brazil

Opening Day/Hours:

Monday - Sunday 6am-7:30pm

Brazilian Cheese bread: bread based on cassava starch and semi-cured cheese baked in the oven and fried bread: bread with cassava starch dough fried in vegetable oil by immersion

+ 55 (63) 9 9989-8607 🤘

@paodeouro.araguatins 🖸



BAR AND RESTAURANT

VICENTE Restaubar

Address:

Av.Pedro Ludovico-Orla da cidade, town of Araguatins - State of Tocantins - Brazil

Opening Day/Hours:

Wednesday-Monday 9am - 1am

Specialty

Shrimp pan: creamy rice shredded beef, shrimp and banana, pepper and mozzarella cheese

🖑 + 55 (63) 9 9957–4075

o wicenterestaubar



BAKERY AND CONFECTIONERY

PÃO & CAFÉ Panificadora

Address:

Rua Floriano Peixoto nº909, town of Araguatins - State of Tocantins - Brazil

Opening Day/Hours:

Monday – Saturday 6am to 7pm Sunday 6am to 11am

Regional breakfast: request local menu



+ 55 (63) 9 9952-7212 & @paocafepadaria

RESTAURANT

CUNHA Gastronomy

Address:

Av.Pedro Ludovico-Orla da cidade, town of Araguatins - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Sunday 11am-10pm

Specialty

Baked in pineapple with shrimp: creamy rice with cream served in pineapple with shrimp and mozzarella cheese

🖖 + 55 (63) 9 9233–2754

Ocunhaaraguatins





BAR AND PIZZA SHOP

PIZZARIA E HAMBURGUERIA RIBEIRO

Address:

Rua Quintino Bocaiuva nº1011, town of Araguatins - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Saturday 5pm-12am

peci

Grilled picanha: grilled picanha cut gratin with cheese

+ 55 (63) 9 9913–2471 🤘

@pizzaria_hamburgueria_ribeiro 🖸



BAR AND SNACK BAR

LANCHONETE GOIÁS

Address:

Av.Araguaina n°1162, town of Araguatins - State of Tocantins - Brazil

Opening Day/Hours:

Monday-Sunday 06h-00h

pecialty

Buffet with barbecue: request local menu

🖑 + 55 (63) 9 9138–2704

Olanchonete.goias





STEAKHOUSE

CHURRASCARIA BRASAS DO BICO

Address:

Rua Quintino Bocaiuva s/n, town of Araguatins -State of Tocantins - Brazil

> **Opening Day/Hours:** Monday-Saturday 10:30am-2pm

Specia

Buffet with barbecue: request local menu



+ 55 (63) 9 9921–0797 🧏

@churrascariabrasasdobico 🖸

RESTAURANT

KI FOME RESTAURANTE

Address:

Rua Floriano Peixoto nº 891, town of Araguatins -State of Tocantins - Brazil

Opening Day/Hours:

Monday-Saturday 11am-2pm

Specialty

Buffet with barbecue: request local menu

@restaurante_kifome_





ARTISAN BURGER RESTAURANT

RIO HAMBURGUERIA

Address:

Rua Quintino Bocaiuva s/n, town of Araguatins -State of Tocantins - Brazil

> **Opening Day/Hours:** Monday-Sunday 6pm-11pm

pec

Pullet pork: brioche bread cut, shredded smoked loin, river sauce made with mayone and spices

+ 55 (63) 9 943-9748 😪

@riohamburgueria 🧿



GASTROBAR

RANCHO MINEIRO Gastrobar

Address:

Av.Pedro Ludovico nº 425,Orla da cidade, town of Araguatins - State of Tocantins - Brazil

Opening Day/Hours:

Tuesday-Sunday 6pm-1am

Specialty

Carreteiro rice on plow disc: rice with beef, pork sausage, mozzarella cheese, and tomatoes

🖑 🛛 + 55 (63) 9 9955–2890

💿 @ranchomineiro10





INTIMATE BISTRO

ROSA BRISTRO ARAGUAIA

Address:

Rua Floriano Peixoto nº953,town of Araguatins – State of Tocantins – Brazil

Opening Day/Hours:

Thursday-Saturday 7:30pm-12am

Tasting menu: Ossobuco beef cut with potato mousseline, tapioca cubes (fried cubes of tapioca starch with coalho cheese fried in vegetable oil) with cupuaçu jelly and tapioca pudding with coconut

> + 55 (63) 9 9940-5809 🖑 @rosabistro 🧿



RESTAURANT

PALADAR RESTAURANTE

Address:

Rua Siqueira Campos n°506, town of Araguatins - State of Tocantins - Brazil

Opening Day/Hours:

Sunday-Friday 11am-2pm

Specialty

Buffet with barbecue: request local menu

+ 55 (63) 9 9916-2818
 @paladarrestaurante





Realization:



Download the digital and translation file:

